

University of Family Learning (UFL) Course Catalog 2024-2025

The **University of Family Learning (UFL)** is an invitation for adult family members of current and future CCSD students to access valuable educational information and networking opportunities that will increase both family and student success. Family and community members are invited to participate in a variety of courses and workshops in four focus areas. Every UFL course or workshop offers credit for hours of participation. Participants who meet the yearly goal of fifty (50) credit hours are recognized at an end-of-year "Ceremony of Achievement."

Scheduling: At this time, classes in the course catalog can be held in a variety of formats, including in-person, via live virtual session, and/or via pre-recorded content. For details on a specific class or to schedule a course, please contact our office at 702-799-0303 or familyengagement@nv.ccsd.net.

Please be advised that a school/organization staff member **must** be present during sessions to assist with any site-specific questions that may arise. At this time, the majority of courses can be offered in English and Spanish.

Once scheduled, marketing flyers will be shared with the school/organization for promotion and advertising. Please work with your Family Engagement contact for any additional needs specific to your school/organization.

Focus Areas (Please click on the area below to be directed to that section of the catalog.)

- [Parents as Teaching Partners](#)
- [Navigating the School System](#)
- [Involvement, Leadership, and Advocacy](#)
- [Promoting Wellness and Development](#)









Scheduling Notes











To ensure that we are able to provide services equitably to all schools, we are available to schedule 2 workshops per month at any given school, scheduled at least two weeks apart. Workshops are scheduled in order of requests received and are limited to the presenter's availability. Additionally, schools may schedule up to 3 early childhood workshops per academic year.










Repeated attendance below 5 adults will be reviewed by our team in order to provide best-practice strategies to support family engagement efforts, as well as on-demand resources to use in place of live workshops if needed.






Catalog Symbols









	<p>New Course - This course is a new addition to our course catalog for the 2024-2025 school year.</p>
	<p>Pre-Recorded Video – This course is available as a pre-recorded video on our website for families or schools to access on their own. Scan this QR Code to access the videos. We encourage schools to have a licensed staff member present to facilitate interactive discussion.</p> 
	<p>After School - This course is interactive and suitable to be scheduled after school for parents and elementary students to participate in <u>together</u>.</p>
	<p>Early Childhood - This class, series, or video is suitable to be scheduled for parents and Pre-K students <u>together</u>. Please note that our staff are not available to facilitate video sessions.</p>
	<p>Series - This class is a series scheduled over multiple weeks. Participants are expected to attend all sessions.</p>








Parents as Teaching Partners








<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
107V	100 Ways to Raise a Reader Video Series	CCSD Family Engagement Department	This video series is designed to support families as they help their children develop a life-long love of reading. The series answers common parental questions about reading and offers families fun reading "games" they can play together at home. <ul style="list-style-type: none"> • Video 1: Introduction • Video 2: High-Frequency Words • Video 3: More Reading Possibilities 	Grades K-5 (Adults and Children)	Pre-recorded video 
122V 	100 Ways to Raise a Writer (PK-1)	CCSD Family Engagement Department	Establishing good writing habits and making the act of writing fun (and not a chore) will help your children tremendously on their path to college or career. This workshop presents some easy ideas to excite your kids about writing on a regular basis.	Grades PK-1 (Adults and Children)	Pre-recorded video 
107 	Addicted to Reading! (Reading & Comprehension Skills K-5)	CCSD Family Engagement Department	This hands-on workshop shows how families can make small adjustments to their normal daily routines that will make reading an enjoyable and natural habit for anyone. Families will also experience interactive ways to increase reading comprehension and develop a life-long love of literacy by focusing on specific strategies to use before, during, and after reading.	Grades K-5 (Adults and Children)	45-minute session <i>(in-person)</i>
203Vb 	Alphabet Awareness and Recognition	CCSD Family Engagement Department	Alphabet awareness and recognition are the foundation to reading. This video shares activities that stretch the imagination, promote problem-solving skills, and help expand a child's vocabulary. Families will gain strategies, websites, literature, and games to use with their children while helping to build and strengthen their academic readiness skills.	Ages 3-5 (Adults and Children)	Pre-recorded video 
596   	Astronaut Snoopy Presents Artemis: To the Moon, Mars, & Beyond! <i>*Availability is limited, especially during morning hours. Advanced notice is required.</i>	The Dale Etheridge Planetarium at the College of Southern Nevada	Guided by Astronaut Snoopy, this course will introduce students and their families to NASA's Artemis program, which will take humanity back to the Moon for a permanent presence and on to exploring Mars and beyond in our Solar System! Participants will learn all about the Artemis program through educational resources and related storybooks.	Grades PK-5 (Adults and Children)	1-hour session <i>(in-person)</i>
111 	Blast Off with Math	CCSD Family Engagement Department	Ready to blast off with math? Join the Family Engagement team for a stellar opportunity for families to use easy hands-on games and learn about online resources for math practice. Topics covered include addition, subtraction, multiplication, division, fractions, estimation, and more! All families will receive free materials to use again at home.	Grades K-5 (Adults and Children)	45-minute session <i>(in-person after school only)</i>








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589 	Brain Building Moments with Vroom <i>*Available for the Spring 2025 semester only.</i>	The Children's Cabinet	This class reinforces parents' knowledge of early brain development and teaches them to turn everyday moments into brain building moments. Have fun while trying some Vroom tips with hands-on activities designed for parents and children ages 1-5.	Ages 1-5 (Adults and Children)	1-hour session <i>(in-person)</i>
110V	Conversations in the Kitchen: Enriching Family Communication	CCSD Family Engagement Department	Research shows eating family meals together is one of the best ways to improve a child's social-emotional and academic success. Participants will learn how to make the most of their time together by engaging in meaningful conversations around mealtimes.	Grades PK-12 (Adults)	Pre-recorded video 
434 	Cooking with Young Children	UNR Extension Partners in Parenting	This educational parenting workshop promotes healthy eating and presents the benefits of cooking with young children. During this workshop, you will: Learn why you should cook with your children, discover what your child can learn from cooking, and sample a healthy snack.	Ages 3-5 (Adults and Children)	1-hour session <i>(in-person)</i>
108 	Creating a Home Library	CCSD Family Engagement Department	Establishing and updating a home library with a variety of reading materials provides children with a strong foundation for future success. Families will spend time creating a personalized book to add to, or start, a home library. Having books of his/her own in a special place increases the chance that children will want to read more.	Ages 3-5 (Adults and Children)	45-minute session <i>(in-person)</i>
127V 	Dots, Dots, Dots!	CCSD Family Engagement Department	This video features fast and easy, yet powerful routines and games for building an understanding of numbers 1-20. The key to these activities is having children not just tell what number they see, but also explain how they see the number. This foundational concept is critical for achievement in mathematics.	Ages 3-5 (Adults and Children)	Pre-recorded video 
438   	Engineering Design with the Work It Out Wombats <i>Available ONLY at the Family Engagement Centers (FECs). Unavailable on Fridays.</i>	Vegas PBS	Create, test, and improve with PBS KIDS Work It Out Wombats! Families will learn how think like engineers to solve problems through hands-on activities, media, and books.	Ages 3-5 (Adults and Children)	2 weekly 1-hour sessions <i>(in-person)</i>

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407 	Family Storyteller: Interactive Literacy	UNR Extension Partners in Parenting	This parenting workshop promotes family literacy and pre-kindergarten school readiness skills. During this workshop you will learn tips on how to read to children and the benefits of reading, as well as participate in a parent-child book reading and hands-on activity. Choose a topic! <ul style="list-style-type: none"> • First Steps to Writing • Fun with Nonfiction • Favorite Fairy Tales • Phonics and Sounds 	Ages 3-5 (Adults and Children)	1-hour session <i>(virtual OR in-person)</i>
309a 	Fun With Language: Engaging Parent-Child Language Development Activities (Parent Only Version) <i>*Not available on the 2nd and 4th Friday of each month in the morning.</i>	CCSD English Language Learner Division	Parents will participate in interactive activities designed to enhance language development and biliteracy skills at home. They will also learn about the cognitive, social, and academic benefits of bilingualism, gaining practical strategies to support their children's bilingual growth.	Age 0 – Grade 8 (Adults)	1-hour session <i>(in-person)</i>
309b 	Fun With Language: Engaging Parent-Child Language Development Activities (Parent and Student Version) <i>*Not available on the 2nd and 4th Friday of each month in the morning.</i>	CCSD English Language Learner Division	Join us for an interactive workshop where parents and students can enjoy fun, hands-on activities that build skills and strategies for enhancing language development at home!	Grades PK-5 (Adults and Children)	1-hour session <i>(in-person)</i>
109 	Grow Strong: Mastering the Mindset for Success!	CCSD Family Engagement Department	"I'm not good at math! I can't read that!!" Does your child avoid challenges or get discouraged at the first obstacle they encounter? Understanding fixed and growth mindsets will help families listen and guide a child's beliefs about their ability and their desire to persevere when things get tough in all areas of life.	Grades K-12 (Adults and Children)	45-minute session <i>(in-person after school only)</i>
516 	Hands On Engineering Design! <i>*REQUIRED for scheduling: 2-4 weeks notice maximum with 2-3 date options.</i>	UNLV Tech Trekker	Interested in learning about the design process that real engineers use? Now you can get hands-on experience and learn about the engineering design process with simple materials found at home. Get the chance to design, build, and test your prototypes with these fun challenges!	Grades PK-8 (Adults and Children)	1-hour session <i>(in-person)</i>
514	Help Your Child Focus on Learning	Nevada PEP	Many children who struggle with paying attention have a tough time at home and school. If this is your child, this workshop is for you. We will discuss the challenges that children may face when they struggle to keep focus and pay attention. The strategies presented in this workshop will amaze you and encourage you to try all of them!	Grades PK-12 (Adults) <i>*For families of students with disabilities.</i>	1-hour session <i>(virtual OR in-person)</i>





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523	How is My Child Reading?	Nevada PEP	Do you worry about your child's reading? This workshop will give you a better understanding of how children learn to read. You will learn the type of questions to ask your child's teacher and how to partner with the school on reading improvement. Do not miss this workshop to learn about the strategies that help children become good readers!	Grades PK-8 (Adults) <i>*For families of students with disabilities.</i>	1-hour session <i>(virtual OR in-person)</i>
142  	I Like to Move It, Move It! Gross Motor Skill Practice for Pre-K <i>*A large area is required to accommodate the activities in this workshop. The MPR is preferred.</i>	CCSD Family Engagement Department	During this workshop, students and families will explore a variety of gross motor activities. These activities are essential for holistic development in pre-K students, contributing to their physical, social, emotional, and cognitive growth.	Ages 3-5 (Adults and Children)	45-minute session <i>(in-person)</i>
541  	I'm Ready for K! <i>*Available for the Spring 2025 semester only.</i>	The Children's Cabinet	This course is designed for parents and children ages 3-5 year old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness. Each session provides an opportunity for positive parent-child interaction and strengthening the parent-child relationship. Topics include: <ul style="list-style-type: none"> • Early mathematics • Early literature • Science • Physical development • Creative expression • Creative arts 	Ages 3-5 (Adults and Children)	6 weekly 2-hour sessions OR an individual session <i>(in-person)</i>
432  	Learn, Grow, Eat, and Go! Early Childhood Curriculum	University of Nevada Reno Extension Youth Horticulture Education Program	The Early Childhood Learn, Grow, Eat, Go! (LGEG) is a garden-based program for preschool-aged children and their families. Participants engage in fun hands-on activities while learning about parts of the plant.	Ages 3-5 (Adults and Children)	6 weekly 45-minute sessions <i>(in-person)</i>
203	Learning Through Play <i>*Available ONLY at the Family Engagement Centers (FECs)</i>	CCSD Family Engagement Department	We will share activities that stretch the imagination, promote problem-solving skills, and help expand a child's vocabulary. Families have fun interacting meaningfully with their children while helping to build and strengthen their academic readiness skills.	Ages 3-5 (Adults and Children)	45 min -1 hour session <i>(in-person)</i>
427  	Let's Discover STEM Science, Technology, Engineering and Mathematics	UNR Extension Partners in Parenting	This six-week parenting program is designed to encourage and teach parents how to be positive forces on their children's early STEM learning. The weekly class features reading and fun, hands-on learning activities that are focused on encouraging children's interest in science, technology, engineering, and math.	Ages 3-5 (Adults and Children)	7 weekly 1.5-hour sessions <i>(virtual OR in-person)</i>





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443  	Let's Discover STEM: A Seasonal Workshop For Autumn, Winter, Spring, and Summer <i>*This workshop will change based on the season you schedule it in.</i>	UNR Extension Partners in Parenting	This parenting workshop features reading and fun, hands-on learning activities that are focused on encouraging children's interest in science, technology, engineering and math (STEM). During this seasonal workshop families will: <ul style="list-style-type: none"> • Learn about school readiness skills related to STEM • Build an interest in STEM • Participate in a parent-child book reading and activities 	Ages 3-5 (Adults and Children)	1-hour session <i>(in-person)</i>
510 	Leyendo en Casa (Reading at Home) <i>*This workshop is presented in Spanish. An English interpreter may be scheduled if requested.</i>	La Fuerza de Familias Latinas by Literacy Partners	This workshop features videos with celebrity host Gaby Rivero, Univision content, and lively discussions with Spanish-speaking parents and caregivers. Participants discover creative strategies to foster a love of reading and prepare their children for school success. Attendees receive a children's book for their home library after each session and access to additional digital resources, read-alouds, and upcoming workshop updates. Choose from the following topics: <ul style="list-style-type: none"> - Love of Reading (early literacy) - Creative Storytelling (early literacy) - Reading Pictures (early literacy) - Music for Math Literacy (STEM focus and early literacy) - STEM in the Kitchen (STEM focus) - Guiding Your Little Busybodies (engaging curiosities) - What the Stars Tell (STEM focus) - Sparkling Ideas (early literacy) - Dr. Seuss in Spanish (early literacy) 	Grades PK-5 (Adults)	1-hour session <i>(virtual OR in-person)</i>
439 	Library Magic: Discover and Learn for Pre-K Families <i>*Scheduled at Family Engagement Centers only. Please inquire for location details to share with your community.</i>	Las Vegas Clark County Library District	Family are invited to join the Las Vegas Clark County Library District at one of the CCSD Family Engagement Centers for dynamic learning workshops designed to support learning for students ages 3-5. Topics will include reading, math, feelings, science, and more!	Ages 3-5 (Adults and Children)	1-hour session <i>(in-person)</i>
532V	Lifelong Reading with myOn	Renaissance	In this video families will learn about myOn – a virtual library that helps find just-right books and a fun reading experience for all students! We will log in, use the book reader and literacy tools. Also, learn how you can view your child's progress and read offline using the free mobile app. We'll even see how myOn supports bilingual families!	Grades PK-5 (Adults)	Pre-recorded video 
410  	Little Books and Little Cooks	UNR Extension Partners in Parenting	This six-week parenting program is designed to promote healthy eating, family literacy, school readiness skills, and positive parent-child interaction. Each weekly session includes a mini-lesson, story time and cooking activity for both parents and their preschoolers.	Ages 3-5 (Adults and Children)	6 weekly 1.5-hour sessions <i>(in-person)</i>



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131V	Mathematics Matters for Families	CCSD Family Engagement Department	Mathematics is everywhere, and all students can achieve success with support! This video shares brain-friendly learning strategies, conversation questions, websites, math literature, and fun games. <ul style="list-style-type: none"> Part 1: Brain-friendly Strategies Part 2: Conversation Questions Part 3: Family Activities, Games, Books, Websites 	Grades K-5 (Adults)	Pre-recorded video 
127 	More Than Just a Dot! Understanding Numbers 1-10 <i>Expectation is that Pre-K staff attends and participates.</i>	CCSD Family Engagement Department	This workshop features fast and easy, yet powerful routines and games for building an understanding of numbers 1-10. The key to these activities is having children not just tell what number they see, but also explain how they see the number. This foundational concept is critical for achievement in mathematics.	Ages 3-5 (Adults and Children)	1-hour session <i>(in-person)</i>
112V	Multiplying Family Fun: Beginning Multiplication Strategies	CCSD Family Engagement Department	The Multiplying Family Fun video series shares interactive strategies, resources, and tools to help children learn basic multiplication facts. Watch and learn different ways children explain their thinking using objects, numbers, words, and pictures! <ul style="list-style-type: none"> Part1: What are the strategies of repeated addition, skip counting, arrays, equal groups, and related facts? Part 2: Family Activities, Puzzles, Games, and Websites 	Grades 3-5 (Adults)	Pre-recorded video 
123 	Round and Round with S.T.E.A.M. Science, Technology, Engineering, Arts, and Math	CCSD Family Engagement Department	During this hands-on workshop, families will use everyday items to collaboratively problem-solve and complete a design challenge. Many of the "tools" needed for science, technology, engineering, arts, and math exploration are right inside your home!	Grades K-5 (Adults and Children)	45-minute session <i>(in-person after school only)</i>
130 	Shaping Up with S.T.E.A.M. Science, Technology, Engineering, Arts, and Math	CCSD Family Engagement Department	Families are invited to play higher-level thinking puzzles and activities designed to shape up math, vocabulary, writing, comprehension, sequencing, communication, and scientific inquiry skills.	Grades K-5 (Adults and Children)	45-minute session <i>(in-person after school only)</i>
531V	The Engineering Design Process	STEMbotics Learning Center	Learn the engineering design process as you make a planter and build a mechanism for your home garden with the help of the STEMbotics Learning Center!	Grades K-8 (Adults and Children)	Pre-recorded video 
597 	The Solar System & Space Exploration <i>*Availability is limited, especially during morning hours. Advanced notice is required.</i>	The Dale Etheridge Planetarium at the College of Southern Nevada	Ever wondered which worlds in our Solar System could harbor life? Wondering which worlds NASA and their partners will explore in the decades to come? Learn about these strange and wonderful worlds in our Solar System and the future of space exploration at this curiosity-engaging workshop!	Grades 4-8 (Adults and Children)	1-hour session <i>(in-person)</i>

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587  	The Power of Reading and Writing <i>*Available ONLY at the Family Engagement Centers in SPANISH between 2:30 – 5:00 p.m.</i>	Parent Leadership Team	This series of workshops is designed to increase awareness among parents and caregivers regarding the beneficial effects of reading and writing. We will share strategies and practical ideas that can turn these basic skills into enriching experiences for families.	Grades PK-5 (Adults)	3 weekly 1-hour sessions <i>(virtual OR in-person)</i>
143  	Tiny Scribblers! Fine Motor Skill Practice for Pre-K Students Who Are Beginning to Learn to Write	CCSD Family Engagement Department	Fine motor skills play a pivotal role in the early stages of learning to write by enabling children to manipulate writing tools accurately, form letters correctly, and develop foundational skills necessary for future academic success. Students and families will explore a variety of fine motor activities together, and learn how easy it is to recreate them all at home!	Ages 3-5 (Adults and Children)	45-minute session <i>(in-person)</i>
342Vd	Understanding the MAP Growth Family Report Measure of Academic Progress	Northwest Evaluation Association (NWEA)	In this videos, parents/guardians will learn more about the Measure of Academic Progress (MAP) Growth Assessment and Family Report. how to successfully support their students. It will cover how to interpret your child's scores and ways to use the data to increase growth and achievement.	Grades 3-8 (Adults)	Pre-recorded video 
135V 	Winter Math Activities for Pre-K Families	CCSD Family Engagement Department	Winter is a cool season for indoor and outdoor math activities. This session shares websites, literature, and games families can use with their preschool-aged children during the winter months and beyond.	Ages 3-5 (Adults and Children)	Pre-recorded video 

Navigating the School System




<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
525V	Achieve3000 Literacy Parent Overview	Achieve3000	This short video will give parents an overview of the Achieve Literacy solution. This program allows students to get content at their just-right reading level, which promotes acceleration of reading skills. Learn how students can take advantage of this amazing tool to improve reading and comprehension.	Grades 2-12 (Adults)	Pre-recorded video 
527V	Actively Learn Parent Overview	Achieve3000	This short overview will give parents a better understanding of how the <i>Actively Learn</i> program works to help students develop critical thinking skills, using a variety of content designed to support teacher instruction. This program engages students in the content and also sparks classroom discussions.	Grades 3-12 (Adults)	Pre-recorded video 
328	A Parent's Guide to Magnet Schools <i>*Only available in Fall 2024.</i>	CCSD Magnet Schools	Explore the dynamic world of magnet schools and programs for CCSD students in this engaging workshop. Gain valuable insights on navigating the admission process and making informed decisions to propel your child towards academic excellence and personal growth. Join us on this educational journey towards a brighter future.	Grades PK-8 (Adults)	1-hour session <i>(virtual OR in-person)</i>
132V	Canvas Learning Management System (LMS)	CCSD Family Engagement Department	This video series provides families an introduction to Canvas LMS, including how to register for an account and view student assignment details and grades. <ul style="list-style-type: none"> • Video 1: What is Canvas? An Introduction for Parents • Video 2: Canvas Observer – Account Registration & Student Pairing • Video 3: Canvas Observer – Canvas Parent App • Video 4: Canvas Overview for Observers 	Grades PK-12 (Adults)	Pre-recorded video 
501 	Choosing the Right School for Your Children <i>*Available ONLY at the Family Engagement Centers in SPANISH between 2:30 – 5:00 p.m.</i>	Parent Leadership Team	This course provides parents tools to find and identify the most appropriate school to support the needs of their children. Each child learns differently and has individual tastes and abilities. Additionally, some children need specialized help or programs to help them develop their potential.	Grades PK-12 (Adults)	4 weekly 1.5-hour sessions <i>(virtual OR in-person)</i>
574E	College Prep Tips for the Elementary School Parent	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation provides parents ideas on how to help with organizing and prioritizing, flexible thinking, working memory, and self-monitoring which all contribute to student achievement in core subject areas. Additionally, this presentation provides age appropriate information and resources to help parents support their student on the path to college.	Grades K-5 (Adults)	1-hour session <i>(virtual OR in-person)</i>




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508	Developing the IEP to Meet Your Child's Needs	Nevada PEP	Join us as we discuss special education and the IEP meeting process, including how parents can partner and actively participate in the development of their child's individualized education program. Learn the requirements of the IEP, how to include high expectations and how your child's present levels of education performance drive the goals and services provided by the school.	Grades PK-12 (Adults) <i>*For families of students with disabilities.</i>	1-hour session <i>(virtual OR in-person)</i>
103	Every Day Matters: An Attendance Gameshow	CCSD Family Engagement Department	Join us for a fun, game-based workshop to explore the strong link between consistent attendance and student achievement. Learn about the resources available at your school, community, and district to support your child's academic success.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i> Pre-recorded video 
100	Family Engagement Department Overview	CCSD Family Engagement Department	Join us for a short overview of the services and support available to families through the CCSD Family Engagement Department.	Grades PK-12 (Adults)	30-minute session <i>(virtual OR in-person)</i>
138V	How to Login to Clever	CCSD Family Engagement Department	This instructional video explains how students, their families, teachers, and administrators can login to the Clever Portal to access all their online learning resources.	Grades PK-12 (Adults)	Pre-recorded video 
528V	Intro to Freckle for Families	Renaissance	Freckle is a program for students in grades K-5 to provide access to valuable learning resources in the areas of Mathematics, English Language Arts, Science, and Social Studies. This video introduces with a general overview, with special mentions made of how best to support each student's learning path by encouraging independent work.	Grades K-5 (Adults)	Pre-recorded video 
581	It's Never Too Early to Save for College	SSGA UPromise 529 College Savings Program & NVigate	College may be expensive, but if you plan ahead, it won't be out of reach. This course helps parents/guardians understand the importance of saving for college. Parents will learn: the real cost of college; what is a 529 college savings account, why should I save now instead of my kid borrowing later; other ways to save, including the College Kick Start Scholarship and the Millennium Scholarship.	Grades PK-12 (Adults)	45-minute session <i>(virtual OR in-person)</i>
565 	My Child has an IEP! Now What?	CCSD ABA Family and Student Support Services	This session is designed to provide a general overview of the components of an IEP and how parents can successfully collaborate with the school team. This session is intended for parents of students new to the IEP process.	Grades PK-12 (Adults) <i>*For families new to the IEP process.</i>	1-hour session <i>(virtual OR in-person)</i>



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104	Navigating Infinite Campus Parent Portal	CCSD Family Engagement Department	This learning session is designed to support families as they navigate CCSD's web-based information system. Participants will learn valuable information on how to monitor their child's progress in school and access important records.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i>
104V	Navigating Infinite Campus Parent Portal Video Series	CCSD Family Engagement Department	This video series is designed to support families as they navigate the Clark County School District's web-based information system. The series includes: <ul style="list-style-type: none"> • Video 1: Logging in and Updating Contact Information • Video 2: Checking Grades and Finding School Contact Information • Video 3: Online Registration for the 22-23 School Year • Video 4: Accessing Your Child's Progress Documents • 	Grades PK-12 (Adults)	Pre-recorded video 
301	Newcomer Orientation: Navigating the Transition Into CCSD <i>*Offered at the CCSD Family Support Center only.</i>	CCSD Family Support Center – Newcomer Support Team	Gain an understanding of the support and services available for students and families new to the United States and the Clark County school system. This session is designed to assist and answer questions for a successful transition into CCSD.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i>
577E	Soft Skills for Success (Elementary)	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation provides parents information and resources on how to build, model, practice, and promote important soft skills that contribute to academic success. Furthermore, developing and refining soft skills will make it easier for children to form connections with peers and adults which will promote both safety and engagement at school.	Grades K-5 (Adults)	1-hour session <i>(virtual OR in-person)</i>
141	Test for Success! An Overview of Standardized Tests in Schools	CCSD Family Engagement Department	Join us for an overview of the standardized tests that your children will take in the Clark County School District. Parents will learn about common assessments including MAP, SBAC, WIDA, CRT, and the ACT. We will also review how to find your child's test results, along with tips and strategies to prepare for testing day.	Grades K-12 (Adults)	45-minute session <i>(in-person)</i>
573E	The Truth About College (Elementary)	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation addresses various misconceptions about college parents may have encountered and provides them with information and resources that will be useful in supporting their child on the path to college.	Grades K-5 (Adults)	1-hour session <i>(virtual OR in-person)</i>
119V	Transitions in Education: Thriving in Middle School	CCSD Family Engagement Department	In this workshop, we will explore some of the major changes that students may encounter in middle school and how parents or caregivers can support their children during this challenging time.	Grades 5-8 (Adults)	Pre-recorded video 

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302	What Does it Mean to be an ELL Student? <i>*Offered at the CCSD Family Support Center only.</i>	CCSD Family Support Center – Newcomer Support Team	Gain an understanding of how students are identified as an English Language Learner (ELL) and what that means in their journey as a CCSD student. This session also explores way parents can support English language development at home.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i>





Involvement, Leadership, and Advocacy



<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
557	Be Brave – Bullying Prevention At Home <i>*Not available on Tuesdays. Unavailable February – April 2025</i>	Nevada Child Seekers	"Bullying" has become a huge problem in our schools today, especially with the rise of social media and the advancement of technology. Be Brave aims to assist parents and school administration by answering common questions and addressing common concerns from both sides of a bullying situation. Why is bullying a bigger deal now? What laws are in place to protect my child from bullies? How does social media and modern technology effect my child in a bullying situation? Join us as we partner as a community to protect our children from bullying and answer many of these burning questions.	Grades PK-12 (Adults)	1-hour session <i>(virtual OR in-person)</i>
512	Cultural Competence & Cultural Humility <i>*Not available on Mondays.</i>	Solutions of Change	In this workshop you will learn the definitions of cultural humility and cultural competency, the important of both topics, participate in role playing exercises, and learn ways you can practice both topics at home and within your environment.	Grades PK-12 (Adults)	1-hour session <i>(virtual OR in-person)</i>
556	Human Trafficking Awareness <i>*Not available on Tuesdays. Unavailable February – April 2025</i>	Nevada Child Seekers	24 Hour city, hot nightlife, International Airports, high population, a sea of hotels and motels. Las Vegas is the perfect place for human traffickers to hide under the radar. Learn the truth about Human Trafficking and debunk the myths as Nevada Child Seekers shares the reality of modern day slavery using real case examples and true stories.	Grades PK-12 (Adults)	1-hour session <i>(virtual OR in-person)</i>
553	NetSmartz Internet Safety <i>*Not available on Tuesdays. Unavailable February – April 2025</i>	Nevada Child Seekers	"If your children have access to the internet, the internet has access to your children." Nevada Child Seekers aims to keep parents and guardians informed of the trends used by online predators to groom children. Through up to date trends and discoveries from real Nevada Child Seekers missing child cases, we walk through how our youth are exposed to online dangers and the importance of internet safety and parental guidance at home.	Grades PK-12 (Adults)	1-hour session <i>(virtual OR in-person)</i> Pre-recorded video 
128V	Digital Citizenship: Safe and Responsible Technology Use	CCSD Family Engagement Department	This video provides information on how to keep children safe while using the internet. Learn how to be a positive Digital Leader, set boundaries and rules, and how to avoid common internet scams. Families will also review CCSD's internet usage rules and regulations.	Grades PK-12 (Adults)	Pre-recorded video 
310 	Learning My Rights and How to Champion for My EL Child: Assembly Bill (AB) 195 <i>*Not available on the 2nd and 4th Friday of each month in the morning.</i>	CCSD English Language Learner Division	Join us for an informative and engaging workshop where you'll gain an understanding of the rights AB 195 provides to English Learner students and their families. Learn how this legislation promotes equity for multilingual learners. By the end of the session, you'll feel prepared to explain the key points of AB 195 and advocate for your child's educational success.	Grades PK-12 (Adults of ELL Students Only)	1-hour session <i>(in-person)</i>







<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
595 	Nevada's Anti-Bullying Laws, Policies, and Procedures- A Parents Perspective	Nevada Department of Education - Office for a Safe and Respectful Learning Environment	This course will break down the Nevada Revised Statutes (NRS) provisions on bullying, anti-bullying, cyberbullying, and discrimination based on race. We will share the current policies and procedures for how schools handle bullying reports, common risk factors for bullying, prevention strategies, and the appeal process.	Grades PK-12 (Adults)	1-hour session <i>(in-person)</i>
421	Screen Time Smarts	UNR Extension Partners in Parenting	This workshop highlights parenting in the digital age, healthy habits and media use guidelines, digital citizenship, online safety, and cyberbullying. It also includes a story time.	Grades PK-5 (Adults and Children)	1-hour session <i>(virtual OR in-person)</i>
519 	Shatter the Cycle: Unveiling Domestic Violence <i>*This topic is intended for an adult audience and may be sensitive for some listeners.</i>	SafeNest - Education & Prevention	In this comprehensive three-part series, SafeNest's Education and Prevention department will explore the critical issue of domestic violence (DV). Throughout the one-hour sessions, attendees will gain a thorough understanding of DV, including its prevalence in Nevada and the myriad forms it can take. Our expert presenters will equip participants with essential knowledge on recognizing the signs of DV, navigating responses to disclosure or suspicions of DV.	Grades PK-12 (Adults)	3-weekly 45-minute sessions <i>(virtual OR in-person)</i>
572	Six Advocacy Skills that Turn No's into Yes's	Nevada PEP	Parents, your voice matters! Are you tired of being told "No" when trying to get help for your child? You are the expert on your child, and you understand your child's needs and strengths best. We will discuss the parents' role in communication, advocacy, and effective partnership with the professionals that support their children. Learn how to get the needed supports and services with these six amazing advocacy strategies!	Grades PK-12 (Adults) <i>*For families of students with disabilities.</i>	45-minute session <i>(virtual OR in-person)</i>
503 	Support Babies, Children & Teenagers in Foster Care	Clark County Family Services, Foster Care	Learn how you can support babies, children and teenagers in foster care. There are over 3400 youth in foster care and they need our communities help to provide love, support and healing while they are away from their parents/families.	PK-12 (Adults)	1-hour session <i>(in-person)</i>
502	Take Steps to Stop Bullying	Nevada PEP	If you are concerned about bullying, this workshop is for you! Join us as we discuss what bullying is, what to do if your child is being bullied, and what to expect after a report of bullying is made. This webinar will help participants understand Nevada laws about bullying and your child's right to a safe learning environment.	PK-12 (Adults) <i>*For families of students with disabilities.</i>	1-hour session <i>(virtual OR in-person)</i>






<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
535 	Tools for Successful Learning <i>*Available ONLY at the Family Engagement Centers in SPANISH between 2:30 – 5:00 p.m.</i>	Parent Leadership Team	This course will create awareness among parents about their positive impact on their children's education, as well as model how to establish agreements and limits that will lead them to personal and academic success. It will introduce the tools they need as a family and share new strategies and roles to successfully collaborate with teachers.	Grades PK-8 (Adults)	4 weekly 1.5-hour sessions <i>(virtual OR in-person)</i>
101	Volunteer and Learn <i>*Available ONLY at the Family Engagement Centers (FECs)</i>	CCSD Family Engagement Department	Join us at our Family Engagement Centers for an opportunity to volunteer while simultaneously learning effective strategies to support your students academically at home.	Grades PK-12 (Adults)	1-hour sessions <i>(in-person)</i>
537 	Young Kids and Screens <i>*Available for the Spring 2025 semester only.</i>	The Children's Cabinet	"Young Kids and Screens" will help parents and caregivers of children 0-8 years old to: navigate the world of media and technology, understand the importance of choosing high-quality media content, and establish a healthy balance of activities for young children, with and without media and tech.	Ages 0-8 (Adults)	5 weekly 1-hour sessions OR an individual session <i>(in-person)</i>



Promoting Wellness and Development









<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
507 	10 Warning Signs of Alzheimer's Disease	Alzheimer's Association	Learn the 10 warning signs of Alzheimer's disease, hear from people who have the disease, and find out how to recognize the signs in yourself and others. Information about available resources through the Alzheimer's Association will also be provided.	Grades PK-12 (Adults)	45-minute session <i>(virtual OR in-person)</i>
401 	ABCs of Parenting <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	Explore simple and effective ways to make parenting easier. In this program parents focus on nurturing parent skills and positive behavior strategies that promote the healthy development of school-age children.	Grades PK-5 (Adults)	6 weekly 2-hour sessions <i>(in-person)</i> <i>**must attend all sessions</i>
325	Active & Healthy Families	CCSD Safe Routes to Schools	This presentation focuses on the importance of staying active and having good nutritional habits for you and your family. In this course we will go over the many benefits of walking, bicycling, and other physical activities you can do and of course, pairing it with great nutrition and a well-balanced diet. We encourage families and their children to attend and learn the importance of exercising and meal planning together.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i>
408 	A Guide to Social Emotional Learning	UNR Extension Partners in Parenting	This workshop is designed to introduce parents/caregivers to the keys of social emotional learning (SEL). SEL is beneficial for children of all ages and can help children develop and maintain positive relationships, become lifelong learners, and contribute to a caring society. A SEL activity for parents and children will also be included.	Grades PK-12 (Adults and Children)	1-hour session <i>(virtual OR in-person)</i>
591 	Building Cooperative Behavior	UNR Positive Behavior Support of Nevada - Family Support Services	This workshop is designed to educate parents/families/professionals on the use of 5 simple strategies to increase appropriate behaviors and decrease inappropriate behaviors. These universal strategies are appropriate for all families and children in PK – 5 th grade.	Grades PK-5 (Adults) <i>*For families of students with disabilities.</i>	1-hour session <i>(virtual ONLY until Spring 2025)</i>
544	Bullying – Stop the Cycle	Parent Guidance	Bullying is a pervasive issue that Dr. Melissa Lopez-Larson has seen growing exponentially over the past several years. In this course, we will learn how to identify bullying, treatment options, strategies for prevention, and more. We will discuss: <ul style="list-style-type: none"> • What bullying is and isn't • Who bullies and who gets bullied? • Stopping the bullying cycle • Bullying in social media, school, and sports <i>- Course created by Dr. Melissa Lopez-Larson, M.D.</i>	Grades PK-12 (Adults)	1-hour session <i>(virtual ONLY until March 2025; in-person OR virtual April-May 2025)</i>





<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
590 	Circle of Security Parenting <i>*Available for the Spring 2025 semester only.</i>	The Children's Cabinet	At times all parents feel lost or without a clue about what their child might need from them. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting series will help parents support their child's ability to successfully manage emotions.	Ages 0-6 (Adults)	8 weekly 1.5-hour sessions OR an individual session <i>(in-person)</i>
422	Coping with Stress (A Triple P Informed Seminar) <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	This workshop explores a range of strategies to cope with the everyday stress of parenting children. Discuss common causes of stress, how stress affects parenting and healthy ways to reduce and manage stress.	Grades PK-12 (Adults)	2-hour session <i>(virtual OR in-person)</i>
548	Credit Score Boost: Elevate Your Score Higher	Silver State Schools Credit Union	Want to get a better interest rate on your next loan? Or get a leg up on that job interview? Raise your credit score. This workshop can help you understand your credit history and how credit scores work so you can improve your overall credit rating.	Grades PK-12 (Adults)	1-hour session <i>(virtual OR in-person)</i>
419	Dealing with Disobedience in Children (A Triple P Positive Parenting Program Workshop) <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	In this workshop parents explore some common reasons why children may have difficulty following instructions and will discuss tips for teaching children limits and positively managing behavior.	Ages 0-11 (Adults)	2-hour session <i>(virtual OR in-person)</i>
547	Debt-Free Dreams: Mastering Debt Management and Elimination	Silver State Schools Credit Union	Learning how to manage debt is critical to long-term financial stability. This workshop can help you pay off your debt faster — and recognize when that isn't the best thing to do.	Grades PK-12 (Adults)	45-minute session <i>(virtual OR in-person)</i>
441V	Describing Behaviors – Parenting Tips with Boys Town Nevada	Boys Town Nevada	This video provides parents tips for describing their child's behavior in a way that increases their understanding and clarifies the behavior that is expected of them.	Grades PK-5 (Adults)	Pre-recorded video 
509	Disaster Preparedness <i>Available ONLY at the Family Engagement Centers (FECs)</i>	City of Las Vegas Office of Emergency Management	Are you prepared for a disaster emergency? You can be. Participate in our series to learn how to get started.	Grades PK-12 (Adults)	5 weekly 1-hour sessions <i>(in-person)</i>



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583 	Don't Fall for Solar Panel Scams	Legal Aid Center of Southern Nevada	Do not be a victim of solar company fraud. Do not sign any contract unless you fully understand it. Know your rights as a solar panel customer.	Grades PK-12 (Adults)	1.5-hour session <i>(virtual OR in-person)</i>
406 	Eating Smart, Being Active	University of Nevada, Reno Extension Services	Join the Expanded Food and Nutrition Education Program (EFNEP)/Eating Smart and Being Active classes and learn how to save money and eat healthy! Our eight-lesson class series will teach you to: <ul style="list-style-type: none"> • Save money and plan tasty, healthy meals for your family. • Prepare new recipes and eat more meals at home. • New ways to enjoy fruits and vegetables. • Control portion sizes. • Prepare and store food safely and prevent waste. • Prepare nutritious and delicious recipes. • Be more physically active with your children. 	Grades PK-12 (Adults)	9 weekly 1-hour sessions <i>(virtual OR in-person)</i>
593  	Eat to Live: Introducing Toddlers and Young Children to the Kitchen <i>*Scheduled at pre-determined locations only. Please inquire for details to share with your community.</i>	UNLV EARN-FS, UNLV School of Public Health and Make It Work Nevada	This interactive workshop is designed for toddlers and young children to learn how to make easy and accessible food in the kitchen without any appliances or (much) adult assistance. This workshop is based on teamwork and collaboration, and allows children to learn how to prepare, taste, and explore simple foods, while grownups observe how to discuss flavors, textures, and food preparation and preferences with their young chef!	Grades PK-5 (Adults and Children)	1.5-hour session <i>(in-person)</i> <i>*This session will be livestreamed.</i>
442V	Effective Praise – Parenting Tips with Boys Town Nevada	Boys Town Nevada	This video gives parents tips for catching a child's good behavior rather than focusing on what they did wrong.	Grades PK-5 (Adults)	Pre-recorded video 
201	English for Adults <i>*Available ONLY at the Family Engagement Centers (FECs)</i>	CCSD Family Engagement Department	This ongoing course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking and listening. Participants learn strategies in order to advance their reading, listening and pronunciation skills. This workshop changes each session and varies weekly at each Family Engagement Center. Free Rosetta Stone licenses are available to participants for additional personalized online learning!	Grades PK-12 (Adults)	45 min -1 hour session
440 	Everyday SEL and YOU	UNR Extension Partners in Parenting	This program for families with children ages 3-5 focuses on enhancing young children's Social-Emotional Learning (SEL) using the CASEL framework, while also building their school readiness skills. Through engaging SEL activities, interactive book reading, and family-centered support, the program fosters SEL growth for the entire family. Each week children and parents/caregivers participate in activities designed to promote: Understanding one's own emotions and how others think and feel as well as 'point of view'; Creating a 'can-do' mindset; Developing problem-solving skills; and Encouraging effective communication and mindfulness.	Ages 3-5 (Adults and Children)	7 weekly 1.5-hour sessions <i>(in-person)</i>







<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
403 	Exploring Safety: A Program for Families with Young Children	UNR Extension Partners in Parenting	This program, designed for parents, aims to increase awareness and knowledge of important child-safety issues. Classes will include a mini-lesson and parent-child activity.	Ages 0-5 (Adults)	4 weekly 1-hour sessions <i>(virtual OR in-person)</i>
337	Feeding Clark County School District	CCSD Food Service	Do you ever wonder what goes into choosing what ends up on the school menu? Come have a conversation and find out the history of school nutrition, the USDA Guidelines that we follow and how our operation works in the Clark County School District.	Grades PK-12 (Adults)	45-minute session <i>(virtual OR in-person)</i>
538	Identifying Depression, Anxiety and Trauma In Children and Adolescents <i>*Scheduling capacity is limited.</i>	Family & Child Treatment of Southern Nevada	In this workshop experienced mental health professionals will provide important information for parents of children age 3-17, including signs and potential indicators of depression, anxiety, and trauma. We will do a brief overview of the differences between adults and children/adolescents regarding mental health, then provide suggestions and tips for how parents can respond to and help if they suspect their child struggles with anxiety, depression, and/or trauma.	Grades PK-12 (Adults)	45-minute session <i>(virtual OR in-person)</i>
585 	Introduction to Legal Basics of Child Custody, Immigration, and Housing <i>*Scheduled at Family Engagement Centers only. Please inquire for location details to share.</i>	Nevada Legal Services	Join us for a discussion on the legal basics of child custody, immigration, and housing in Las Vegas. We will share definitions, answer common questions, and connect families with available resources.	Grades PK-12 (Adults)	1.5-hour session <i>(in-person)</i>
560 	Keys to Your Castle: Navigating First-Time Home Buying	Silver State Schools Credit Union	This workshop is designed for prospective first-time homeowners, covering everything from the initial steps of home buying to finalizing the purchase. Participants will learn about different types of mortgages, the importance of credit in securing a loan, and how to budget for a home purchase. The session will also cover the hidden costs of homeownership and provide tips for maintaining a home and managing finances post-purchase.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i>
582 	Know Your Rights as a Tenant	Legal Aid Center of Southern Nevada	Know your rights as tenants in Nevada. Information is power Learn everything about your rental lease, eviction notices, and the eviction process in the Courts.	Grades PK-12 (Adults)	1.5-hour session <i>(virtual OR in-person)</i>
564 	Let's Play Financial Jeopardy: Test Your Money Smarts	Silver State Schools Credit Union	A fun, exciting workshop where participants play a Jeopardy-style quiz game focused on financial topics. This interactive and competitive format makes learning about finance engaging and entertaining.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i>
504	Let's Set the Boundary <i>*Not available on Mondays.</i>	Solutions of Change	Learning how to set healthy boundaries is an important part of children's development. In this workshop, families and their children will be shown how to set respectful boundaries with themselves, their peers, and adults. There will be opportunity to practice these skills within the course.	Grades PK-12 (Adults)	45-minute session <i>(virtual OR in-person)</i>





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539 	Living with Wildlife	Nevada Department of Wildlife	Have you ever seen a coyote strolling through your neighborhood? Has a duck turned your backyard into its new home? We will learn what to do if you find a baby bird on the sidewalk, how to discourage wildlife from getting too cozy in your yard, and more.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i>
549 	Luxury for Less: Treat Yourself Without Breaking the Bank	Silver State Schools Credit Union	This unique workshop blends financial literacy with self-care. Participants will explore creative and budget-friendly ways to indulge in self-care, such as DIY spa treatments, affordable hobbies, and low-cost relaxation techniques. The session will end with a class potluck as participants bring in budget-friendly treats to share.	Grades PK-12 (Adults)	2-hour session <i>(in-person)</i>
420	Managing Fighting and Aggression (A Triple P Positive Parenting Program Workshop) <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	In this workshop parents explore reasons why children may be aggressive or engage in fighting and discuss ways to positively manage behavior and teach children skills to help them cooperate and get along with others.	Ages 0-11 (Adults)	2-hour session <i>(virtual OR in-person)</i>
569 	Mental Health 101	NAMI of Southern Nevada	Join us for a discussion of the different stages of mental illness to mental wellness, types of therapy, types of mental health professionals, how to practice self-care and the crisis response system including 988.	Grades PK-12 (Adults)	1-hour session <i>(virtual OR in-person)</i>
571 	Mental Health & Stigma	NAMI of Southern Nevada	This presentation shares the basics of mental health, mental health statistics in Nevada, the definition of stigma, its harmful effects, and how to break it for healthier communities.	Grades PK-12 (Adults)	1-hour session <i>(virtual OR in-person)</i>
534	Mindset: Growth vs Fixed <i>*Not available on Mondays.</i>	Solutions of Change	This workshop teaches the concept of mindset, taking a deep dive into the two contrasting mindsets anyone may have. We explore the benefits and risks of having a specific mindset and introduce small efforts that can shift one's own mindset in ways that support positive well-being and mental health.	Grades PK-12 (Adults)	1 session <i>(virtual OR in-person)</i>
575	Money Management	Rize Credit Union	This workshop provides realistic strategies and tips for managing one's personal finance. We discuss why money management must be a priority, how to accomplish financial goals, a great way to budget, and the importance of saving.	Grades PK-12 (Adults)	45-minute session <i>(virtual OR in-person)</i>
546	Money Mentality: Budget & Save Like a Pro	Silver State Schools Credit Union	Smart, real-life budgeting is the foundation of good money management. Whether you've been budgeting for years or you're taking your first steps toward managing your spending habits, this workshop can help.	Grades PK-12 (Adults)	45-minute session <i>(virtual OR in-person)</i>

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520 	Navigating Autism: Tools for Families and Caregivers	Mingo Health Solutions Behavioral Services	This course is designed to help caregivers and educators better understand autism spectrum disorder (ASD). Attendees will be provided with tips and tools to engage more appropriately with their children and students who may be on the autism spectrum.	Grades K-12 (Adults) <i>*For families of students with autism and related disabilities.</i>	45-minute session <i>(virtual OR in-person)</i>
417  	Nurturing Fathers <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	Fathers play an important role in their child's development. In this program, dads and male caregivers explore positive and nurturing parenting strategies for raising healthy children and youth.	Ages 0-18 (Adults)	8 weekly 2-hour sessions <i>(in-person)</i> <i>**must attend all sessions</i>
402 	Nurturing Parents <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	Parents of infants, toddlers and preschoolers focus on nurturing parenting skills and positive behavior strategies that promote the healthy development of young children.	Ages 0-5 (Adults)	6 weekly 2-hour sessions <i>(in-person)</i> <i>**must attend all sessions</i>
550 	Paint the Picture: Creating Your Financial Vision Board	Silver State Schools Credit Union	A hands-on workshop where participants engage in craft projects, such as creating vision boards, personalized savings jars, or financial goal calendars. These projects help visualize and set financial goals in a fun and artistic way.	Grades PK-12 (Adults)	2-hour session <i>(in-person)</i>
522	Parental Self Care <i>*Not available on Mondays.</i>	Solutions of Change	This class stresses the importance of self-care for parents and provides examples for daily self-care practices and routines. By making themselves a priority, parents will spread the awareness of wellness in the home and model healthy practices for their children.	Grades PK-12 (Adults)	1-hour session <i>(virtual OR in-person)</i>
404 	Parenting for Success: Effective Strategies for K-12th Grade	Boys Town Nevada	If you have a child, chances are you've had your fair share of challenging days. Parents are invited to join in our fun and interactive classes. These classes can help you with: <ul style="list-style-type: none"> • Balancing discipline with affection • Praising your child's good behavior • Reducing a child's problem behavior • Effective communication 	Grades K-12 (Adults)	6 weekly 2-hour sessions OR an individual session <i>(virtual OR in-person)</i>
405  	Parenting Toddlers: Effective Strategies for Children Ages 0-5	Boys Town Nevada	Being the parent of a young child is both exhilarating and exhausting. Boys Town is here to help using the head and the heart to parent. The head means using a logical, practical method of teaching children skills to help them be self-disciplined. The heart is the unconditional love you have for your children that enables you to support them as they learn and grow. Parents need both to be effective.	Ages 0-5 (Adults)	7 weekly 2-hour sessions OR an individual session <i>(virtual OR in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
566 	Parent Playbook for Success: Using Task Analysis and Prompting Techniques	CCSD ABA Family and Student Support Services	This session is designed to increase parent understanding of the use of the prompting hierarchy and task analysis to support their children's independence in the home and community. This session is intended for families of students with autism and related disabilities.	Grades PK-12 (Adults) <i>*For families of students with autism and related disabilities.</i>	1-hour session <i>(in-person)</i>
505	Physical Intelligence & Sports Awareness <i>*Not available on Mondays.</i>	Solutions of Change	Physical intelligence is an important part of leading a healthy life, managing stress, and learning more happily. This course will teach participants about the benefits of physical activity, as well as different coping methods to help relieve stress and anxiety. They will also learn about sports and other occupations within the sports world.	Grades 3-12 (Adults)	1-hour session <i>(virtual OR in-person)</i>
592 	Picky Eaters! <i>*Families get a FREE picky eating consultation with UNR-PBS following this session.</i>	UNR Positive Behavior Support of Nevada - Family Support Services	This workshop is designed for parents of children who have difficulty getting their child to eat a variety of nutritional foods. Participants will learn to increase the variety of foods, try new foods, and enjoy mealtimes with their child.	Grades PK-5 (Adults) <i>*For families of students with disabilities.</i>	1-hour session <i>(virtual ONLY until Spring 2025)</i>
559 	Positive Behavioral Supports for Families	Nevada PEP	Do you need new ideas to support your child's behavior? This workshop will help parents understand how their child behavior is often their way to communicate. Learn evidence-based practices to teach your child positive behavior skills that can lead to higher self-esteem, better school performance, greater motivation, and more success in life.	Grades PK-12 (Adults) <i>*For families of students with disabilities.</i>	45-minute session <i>(virtual OR in-person)</i>
584 	Preparing Your Small Claims Case	Legal Aid Center of Southern Nevada	Do you want to know how to prepare a small claims case? We are going to teach you how to prepare a small claims complaint and to comply with all the requirements during the court process.	Grades PK-12 (Adults)	1.5-hour session <i>(virtual OR in-person)</i>
576E	Preventing Summer Melt (Elementary) <i>*Available Spring 2025</i>	UNLV Early Outreach	This presentation helps parents understand why students may suffer from summer melt - or summer learning loss - during extended school breaks. Parents will also leave with specific strategies and practices they can implement to help students maintain strong reading and math skills during the summer.	Grades K-5 (Adults)	1-hour session <i>(virtual OR in-person)</i>
205	Project LISTOS! <i>*Scheduled at pre-determined locations only. Please inquire for location details to share with your community.</i>	Economic Opportunity Board of Clark County	Building competent and self-sufficient communities throughout academic programs, such as Spanish literacy to facilitate higher proficiency in English acquisition (bilingual curriculum) and other life skills workshops.	Grades PK-12 (Adults)	3.5-hour sessions <i>(in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
424	Raising Confident, Competent Children (A Triple P Positive Parenting Program Seminar) <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	In this fast-paced seminar, parents explore how respect, communication, problem solving, and other interpersonal skills contribute to children's independence and healthy self-esteem. This is the second of three seminars in the series for parents of children 0-11. (Available individually or as a series.)	Ages 0-11 (Adults)	1.5-hour session <i>(virtual OR in-person)</i>
425	Raising Resilient Children (A Triple P Positive Parenting Program Seminar) <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	Parents influence how children cope with emotions and stress. In this seminar, parents explore ways to help children develop emotional resilience and coping skills, recognize and appropriately express feelings, have a positive outlook and handle negative feelings. This is the third of three seminars in the series for parents of children 0-11. (Available individually or as a series.)	Grades PK-5 (Adults)	2-hour session <i>(in-person)</i>
567 	Rewards and Routines: Building Learning Success at Home with Positive Support	CCSD ABA Family and Student Support Services	This session is designed to increase parent understanding of how to use rewards and routines in the home setting to promote positive behavior. This session is intended for families of students with autism and related disabilities.	Grades PK-12 (Adults) <i>*For families of students with autism and related disabilities.</i>	1-hour session <i>(in-person)</i>
139V	Social Emotional Learning	CCSD Family Engagement Department	The Social-Emotional video series shares interactive strategies and resources to help families support their children with social-emotional learning. Watch and learn how to apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, and take responsibility for oneself to maintain healthy relationships and practice self-care. <ul style="list-style-type: none"> • Video 1: Coping Strategies for Feelings and Emotions • Video 2: Self-Esteem – The Invisible Mask • Video 3: Talk it Out! • Video 4: Breathe it Out! 	Grades PK-12 (Adults)	Pre-recorded video 
506	Social Emotional Learning for Youth Development <i>*Not available on Mondays.</i>	Solutions of Change	This course explores the practical use of SEL interventions to acquire and apply knowledge, skills, and abilities to develop healthy identities, manage emotions, achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.	Grades PK-12 (Adults)	1-hour session <i>(in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
543	Social Media: Protecting Your Child	Parent Guidance	Protecting children from technology that moves so fast is very difficult to manage. Oftentimes, the way parents react can make the issues worse. In this session, learn the parenting pitfalls, as well as practical solutions to effectively managing technology use. Session topics include: <ul style="list-style-type: none"> • Guiding Principles of Effective Parenting • Educate About the Truth of Our Devices • Device Awareness • Avoid Being Blindsided • Expecting Challenges • Disciplined Parenting <i>-Course created by Dr. Kevin Skinner, LMFT, CSAT, EMDR</i>	Grades PK-12 (Adults)	1-hour session <i>(virtual ONLY until March 2025; in-person OR virtual April-May 2025)</i>
416 	Stepping Stones Triple P (Positive Parenting Program) <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	The Stepping Stones Triple P (Positive Parenting Program) empowers parents and caregivers who are raising a child who has a disability and equips them with skills and tools to promote positive behaviors making a difference in daily family life. This is an 8-session program.	Ages 0-11 (Adults) <i>*For families of students with disabilities.</i>	8 weekly 2-hour sessions <i>(virtual OR in-person)</i> <i>**must attend all sessions</i>
594V 	Stress Less!	Esse Johnson	The <i>Stress Less</i> video can be used by families and staff to practice simple techniques to relieve chronic stress and anxiety. Watch and learn how to practice a simple breathing technique, Emotional Freedom Tapping, and a simple method to cancel scatterbrain and frustration.	Grades PK-12 (Adults)	Pre-recorded video 
303 	Supporting a Biliterate Home <i>*Offered at the CCSD Family Support Center only.</i>	CCSD Family Support Center – Newcomer Support Team	Join this session to understand the research on the benefits of bilingualism. Learn how to engage in quality interactions and use language structures that support biliteracy at home. We will also discuss ways to advocate for and promote bilingualism for your child.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i>
433 	Supporting School Success: Helping Parents Guide Academic Achievement	Boys Town Nevada	Parenting can be tough! If you have a child, chances are you've had your fair share of challenging days. Parents are invited to join in our fun and interactive classes to talk about routines, homework and overcoming obstacles when speaking with school personnel.	Grades K-12 (Adults)	6 weekly 2-hour sessions OR an individual session <i>(virtual OR in-person)</i>
562 	Swipe Right: Secrets to Responsible Credit Card Use	Silver State Schools Credit Union	This workshop focuses on responsible credit card use, helping participants understand the pros and cons of credit cards. Participants will learn about interest rates, fees, and how to avoid common credit card pitfalls. The session will also cover strategies for managing credit card debt, making timely payments, and leveraging credit card rewards without overspending.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
561 	Tackle Your Taxes: Simplify & Maximize Your Returns	Silver State Schools Credit Union	In this workshop, participants will gain a clear understanding of the tax filing process, including deadlines, necessary documents, and how to complete common tax forms. The session will cover various deductions and credits that individuals may be eligible for, as well as tips for organizing tax documents throughout the year. Participants will leave with the knowledge to file their taxes confidently and accurately.	Grades PK-12 (Adults)	45-minute session <i>(in-person)</i>
308 	Talking to Youth About Substance Use <i>*Scheduled at Family Engagement Centers only. Please inquire for location details to share with your community.</i>	CCSD Department of Safe and Drug Free Schools	In this session, parents will learn about the signs and symptoms of substance use and misuse, along with ways to engage in conversations with their child about the harm it causes to the developing brain.	Grades PK-12 (Adults)	1.5-hour session <i>(in-person)</i>
533	The Dark Side of Social Media <i>Availability is limited to audiences of 25 or more. Please inquire for more information.</i>	Las Vegas Metropolitan Police Department	This course includes tips, examples, and a detailed discussion to increase the awareness of parents to the potential dangers of social media and online interactions. It is also designed to help parents implement precautions to make their children less vulnerable online.	Grades 3-12 (Adults)	45-minute session <i>(in-person)</i>
551	The Impact of the Games We Play	Nevada Council on Problem Gambling	Video games now outsell movies and music combined. Not surprisingly, video game and social media addictions are rising in kids and adults. This presentation will contrast healthy and problematic gaming and discuss features in video games and social media that are addictive. It will also teach parents and children the signs and symptoms of gaming addiction and its effects on the family.	Grades PK-12 (Adults)	1 - 1.5-hour session <i>(virtual OR in-person)</i>
423	The Power of Positive Parenting (A Triple P Positive Parenting Program Seminar) <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	Parents find out how implementing five positive parenting principles can positively influence children's behavior. This is the first of three seminars in a series for parents of children 0-11. (Available individually or as a series.)	Ages 0-11 (Adults)	1.5-hour session <i>(virtual OR in-person)</i>
570 	Too Blessed to Stress	NAMI of Southern Nevada	This presentation shares the impact of stress and common symptoms we may notice in ourselves or our children. We will share practical techniques and strategies to relieve stress and build healthy coping skills.	Grades PK-12 (Adults)	1-hour session <i>(in-person)</i>
413 	Triple P - Positive Parenting Program <i>*Offered in English and Spanish separately.</i>	Clark County Family Services - Parenting Project	Building positive relationships with children is more important than ever! Create your own parenting manual while exploring ways to deal positively, consistently, and decisively with behaviors that challenge us as parents.	Grades PK-5 (Adults)	8 weekly 2-hour sessions <i>(in-person)</i> <i>**must attend all sessions</i>

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542	What Parents Need to Know About Suicide Prevention	Parent Guidance	<p>This workshop offers experience and expert advice around how parents can help to prevent suicide. Our session will include:</p> <ul style="list-style-type: none"> • The Basic Principles of Mental Health • Why does suicide occur? • The Warnings Signs of Suicide • What Not to Say and Do and What To Say and Do • Where can you go for help? <p><i>-Course created by Dr. Greg Hudnall, Founder of Hope Squad</i></p>	Grades PK-12 (Adults)	1-hour session <i>(virtual ONLY until March 2025; in-person OR virtual April-May 2025)</i>