University of Family Learning (UFL)

Course Catalog

2024-2025

The **University of Family Learning (UFL)** is an invitation for adult family members of current and future CCSD students to access valuable educational information and networking opportunities that will increase both family and student success. Family and community members are invited to participate in a variety of courses and workshops in four focus areas. Every UFL course or workshop offers credit for hours of participation. Participants who meet the yearly goal of fifty (50) credit hours are recognized at an end-of-year "Ceremony of Achievement."

Scheduling: At this time, classes in the course catalog can be held in a variety of formats, including in-person, via live virtual session, and/or via pre-recorded content. For details on a specific class or to schedule a course, please contact our office at 702-799-0303 or familyengagement@nv.ccsd.net.

Please be advised that a school/organization staff member **must** be present during sessions to assist with any site-specific questions that may arise. At this time, the majority of courses can be offered in English and Spanish.

Once scheduled, marketing flyers will be shared with the school/organization for promotion and advertising. Please work with your Family Engagement contact for any additional needs specific to your school/organization.

Focus Areas: (Please click on the area below to be directed to that section of the catalog.)

- Parents as Teaching Partners
- Navigating the School System
- Involvement, Leadership, and Advocacy
- Promoting Wellness and Development



Scheduling Notes

To ensure that we are able to provide services equitably to all schools, we are available to schedule 2 workshops per month at any given school. Workshops are scheduled in order of requests received and are limited to the presenter's availability.

Additionally, schools may schedule up to 3 early childhood workshops per academic year.

Catalog Symbols

	**New Course** - This course is a new addition to our course catalog for the 2024-2025 school year.
	**Pre-Recorded Video** – This course is available as a pre-recorded video on our website for families or schools to access on their own. Scan this QR Code to access the videos. We encourage schools to have a licensed staff member present to facilitate interactive discussion.
	**After School** - This course is **interactive** and suitable to be scheduled after school for parents and elementary students to participate in *together*.
	**Early Childhood** - This class, series, or video is suitable to be scheduled for parents and Pre-K students *together*. Please note that our staff are not available to facilitate video sessions.
	**Series** - This class is a series scheduled over multiple weeks. Participants are expected to attend all sessions.

Parents as Teaching Partners

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
110V	**Conversations in the Kitchen: Enriching Family Communication**	CCSD Family Engagement Department	Research shows eating family meals together is one of the best ways to improve a child's social-emotional and academic success. Participants will learn how to make the most of their time together by engaging in meaningful conversations around mealtimes.	Grades PK-12 (Adults)	Pre-recorded video 
109 AFTER SCHOOL	**Grow Strong: Mastering the Mindset for Success!**	CCSD Family Engagement Department	"I'm not good at math! I can't read that!!" Does your child avoid challenges or get discouraged at the first obstacle they encounter? Understanding fixed and growth mindsets will help families listen and guide a child's beliefs about their ability and their desire to persevere when things get tough in all areas of life.	Grades K-12 (Adults and Children)	45-minute session *(in-person after school only)*
514	**Help Your Child Focus on Learning**	Nevada PEP	Many children who struggle with paying attention have a tough time at home and school. If this is your child, this workshop Is for you. We will discuss the challenges that children may face when they struggle to keep focus and pay attention. The strategies presented in this workshop will amaze you and encourage you to try all of them!	Grades PK-12 (Adults) **For families of students with disabilities.*	1-hour session *(virtual OR in-person)*
523	**How is My Child Reading?**	Nevada PEP	Do you worry about your child's reading? This workshop will give you a better understanding of how children learn to read. You will learn the type of questions to ask your child's teacher and how to partner with the school on reading improvement. Do not miss this workshop to learn about the strategies that help children become good readers!	Grades PK-8 (Adults) **For families of students with disabilities.*	1-hour session *(virtual OR in-person)*
144 NEW	**Oh, I Get It! Mastering Comprehension for Secondary Students**	CCSD Family Engagement Department	Mastering comprehension is a required skill for any successful secondary student. Come learn simple comprehension strategies to increase your student's understanding of what they read and support their success in assessments, class assignments, work, and life!	Grades 6-12 (Adults)	45-minute session *(in-person)*
404 	**Parenting for Success: Effective Strategies for K-12th Grade**	Boys Town Nevada	If you have a child, chances are you've had your fair share of challenging days. Parents of are invited to join in our fun and interactive classes. These classes can help you with: • Balancing discipline with affection • Praising your child's good behavior • Reducing a child's problem behavior • Effective communication	Grades K-12 (Adults)	6 weekly 2-hour sessions OR an individual session *(virtual OR in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
433	**Supporting School Success: Helping Parents Guide Academic Achievement**	Boys Town Nevada	Parenting can be tough! If you have a child, chances are you've had your fair share of challenging days. Parents are invited to join in our fun and interactive classes to talk about routines, homework and overcoming obstacles when speaking with school personnel.	Grades K-12 (Adults)	6 weekly 2-hour sessions OR an individual session *(virtual OR in-person)*
531V	**The Engineering Design Process**	STEMbotics Learning Center	Learn the engineering design process as you make a planter and build a mechanism for your home garden with the help of the STEMbotics Learning Center!	Grades K-8 (Adults and Children)	Pre-recorded video
342Vd	**Understanding the MAP Growth Family Report** **Measure of Academic Progress**	Northwest Evaluation Association (NWEA)	In this videos, parents/guardians will learn more about the Measure of Academic Progress (MAP) Growth Assessment and Family Report. how to successfully support their students. It will cover how to interpret your child's scores and ways to use the data to increase growth and achievement.	Grades 3-8 (Adults)	Pre-recorded video

Navigating the School System

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
525V	**Achieve3000 Literacy Parent Overview**	Achieve3000	This short video will give parents an overview of the *Achieve3000 Literacy* solution. This program allows students to get content at their just-right reading level, which promotes acceleration of reading skills. Learn how students can take advantage of this amazing tool to improve reading and comprehension.	Grades 2-12 (Adults)	Pre-recorded video
526V	**Achieve3000 Math Parent Overview**	Achieve3000	This short video will give parents an overview of the *Achieve3000 Math* solution. This program provides students with explicit practice with skills they are learning in the classroom. When students struggle with a problem the instruction is broken down for them through a series of scaffolds to support a deeper understanding of mathematical concepts and relationships.	Grades 9-12 (Adults)	Pre-recorded video
527V	**Actively Learn Parent Overview**	Achieve3000	This short overview will give parents a better understanding of how the *Actively Learn* program works to help students develop critical thinking skills, using a variety of content designed to support teacher instruction. This program engages students in the content and also sparks classroom discussions.	Grades 3-12 (Adults)	Pre-recorded video
328	**A Parent's Guide to Magnet Schools** **Only available in Fall 2024.*	CCSD Magnet Schools	Explore the dynamic world of magnet schools and programs for CCSD students in this engaging workshop. Gain valuable insights on navigating the admission process and making informed decisions to propel your child towards academic excellence and personal growth. Join us on this educational journey towards a brighter future.	Grades PK-8 (Adults)	1-hour session *(virtual OR in-person)*
132V	**Canvas Learning Management System (LMS)**	CCSD Family Engagement Department	This video series provides families an introduction to Canvas LMS, including how to register for an account and view student assignment details and grades. • Video 1: What is Canvas? An Introduction for Parents • Video 2: Canvas Observer – Account Registration & Student Pairing • Video 3: Canvas Observer – Canvas Parent App • Video 4: Canvas Overview for Observers	Grades PK-12 (Adults)	Pre-recorded video
501 **Choosing the Right School for Your Children** **Available ONLY at the Family Engagement Centers in SPANISH between 2:30 – 5:00 p.m.*	Parent Leadership Team	This course provides parents tools to find and identify the most appropriate school to support the needs of their children. Each child learns differently and has individual tastes and abilities. Additionally, some children need specialized help or programs to help them develop their potential.	Grades PK-12 (Adults)	4 weekly 1.5-hour sessions *(virtual OR in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
578	**College Lingo: Talk the Talk**	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation provides parents information and resources to increase their familiarity and understanding of widely-used college terminology and phrasing. Thus, making it more likely their child will know what/who to ask particular questions about/to during their college search process.	Grades 9-12 (Adults)	1-hour session *(virtual OR in-person)*
574H	**College Prep Tips for the High School Parent**	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation provides parents information and resources on helping their student select challenging courses, determining whether dual enrollment is right for their student, and how to help their student prepare early for the ACT. In addition, this presentation provides a timeline of the college admissions process and how parents can best support their high schooler during their college search.	Grades 9-12 (Adults)	1-hour session *(virtual OR in-person)*
574M	**College Prep Tips for the Middle School Parent**	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation provides information and resources on various high school options aimed to improve student achievement, promote diversity, and create an awareness of career opportunities in whatever field of study interests the student. In addition, this presentation provides parents information and resources on helping their student select challenging courses and how to prepare early for standardized tests.	Grades 6-8 (Adults)	1-hour session *(virtual OR in-person)*
508	**Developing the IEP to Meet Your Child's Needs**	Nevada PEP	Join us as we discuss special education and the IEP meeting process, including how parents can partner and actively participate in the development of their child's individualized education program. Learn the requirements of the IEP, how to include high expectations and how your child's present levels of education performance drive the goals and services provided by the school.	Grades PK-12 (Adults) **For families of students with disabilities.*	1-hour session *(virtual OR in-person)*
103	**Every Day Matters: An Attendance Gameshow**	CCSD Family Engagement Department	Join us for a fun, game-based workshop to explore the strong link between consistent attendance and student achievement. Learn about the resources available at your school, community, and district to support your child's academic success.	Grades PK-12 (Adults)	45-minute session *(in-person)* Pre-recorded video 
100	**Family Engagement Department Overview**	CCSD Family Engagement Department	Join us for a short overview of the services and support available to families through the CCSD Family Engagement Department.	Grades PK-12 (Adults)	30-minute session *(virtual OR in-person)*

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138V	**How to Login to Clever**	CCSD Family Engagement Department	This instructional video explains how students, their families, teachers, and administrators can login to the Clever Portal to access all their online learning resources.	Adult family members of CCSD students	Pre-recorded video 
536	**How to Pay for College**	UNLV CAEO TRIO Educational Opportunity Center	Individuals will learn of the different ways to pay for college, such as subsidized loans, unsubsidized loans, scholarships, and grants. We will review the FAFSA (Free Application for Federal Student Aid) and Federal Pell Grant, as well as review how to set up a financial aid account for students and parents.	Grades 9-12 (Adults)	45-minute session *(virtual OR in-person)*
304V	**Insight into Graduation Video Series**	CCSD Family Engagement Department in partnership with CCSD Guidance and Counseling	This video series guides parents through CCSD enrollment options for secondary students, graduation requirements, diploma types, and tips for preparing for college or career. • Video 1: Graduation Requirements & Diploma Types • Video 2: Enrollment Options for Secondary Students • Video 3: Getting Ready for College or Career • Video 4: Staying on Track – Progress Monitoring Your Child's Path to Graduation	Grades 6-12 (Adults)	Pre-recorded video 
581	**It's Never Too Early to Save for College**	SSGA UPromise 529 College Savings Program & NVigate	College may be expensive, but if you plan ahead, it won't be out of reach. This course helps parents/guardians understand the importance of saving for college. Parents will learn: the real cost of college; what is a 529 college savings account, why should I save now instead of my kid borrowing later; other ways to save with the help of Nvigate -College Savings Division of NV State Treasurer's Office, including the College Kick Start Scholarship and the Millennium Scholarship.	Grades PK-12 (Adults)	45-minute session *(virtual OR in-person)*
565 	**My Child has an IEP! Now What?**	CCSD ABA Family and Student Support Services	This session is designed to provide a general overview of the components of an IEP and how parents can successfully collaborate with the school team. This session is intended for parents of students new to the IEP process.	Grades PK-12 (Adults) **For families new to the IEP process.*	1-hour session *(virtual OR in-person)*
104	**Navigating Infinite Campus Parent Portal**	CCSD Family Engagement Department	This learning session is designed to support families as they navigate CCSD's web-based information system. Participants will learn valuable information on how to monitor their child's progress in school and access important records.	Grades PK-12 (Adults)	45-minute session *(in-person)*
104V	**Navigating Infinite Campus Parent Portal Video Series**	CCSD Family Engagement Department	This video series is designed to support families as they navigate the Clark County School District's web-based information system. The series includes: • Video 1: Logging in and Updating Contact Information • Video 2: Checking Grades and Finding School Contact Information • Video 3: Online Registration for the 22-23 School Year • Video 4: Accessing Your Child's Progress Documents	Grades PK-12 (Adults)	Pre-recorded video 

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
301	**Newcomer Orientation: Navigating the Transition Into CCSD** **Offered at the CCSD Family Support Center only.*	CCSD Family Support Center – Newcomer Support Team	Gain an understanding of the support and services available for students and families new to the United States and the Clark County school system. This session is designed to assist and answer questions for a successful transition into CCSD.	Grades PK-12 (Adults)	45-minute session *(in-person)*
577M	**Soft Skills for Success (Middle School)**	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation provides parents information and resources on how to build, model, practice, and promote important soft skills that contribute to academic success. Furthermore, developing and refining soft skills will make it easier for children to form connections with peers and adults which will promote both safety and engagement at school.	Grades 6-8 (Adults)	1-hour session *(virtual OR in-person)*
141	**Test for Success! An Overview of Standardized Tests in Schools**	CCSD Family Engagement Department	Join us for an overview of the standardized tests that your children will take in the Clark County School District. Parents will learn about common assessments including MAP, SBAC, WIDA, CRT, and the ACT. We will also review how to find your child's test results, along with tips and strategies to prepare for testing day.	Grades K-12 (Adults)	45-minute session *(in-person)*
579	**The Inside Scoop on College Admissions**	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation provides parents information and resources on helping their student select high school classes colleges care about, impress college admissions staff, and better understand how colleges think about non-academic factors such as extracurriculars, which promote safety and engagement at school. In addition, this presentation will help parents understand different ways that colleges evaluate applicants and decide who to admit so they can better support their student on their unique path to college.	Grades 9-12 (Adults)	1-hour session *(virtual OR in-person)*
300 NEW	**The Newcomer's Path to Graduation** **Offered at the CCSD Family Support Center only.*	CCSD Family Support Center – Newcomer Support Team	This session is for 11th and 12th grade students and their parents, particularly those new to the U.S. educational system. We will cover CCSD's graduation requirements and credit retrieval options. You'll also learn how to review school transcripts to see if your student is on track for graduation and how to prepare for meetings with a school counselor to develop an academic plan.	Grades 11-12 (Adults and Students)	1-hour session *(in-person)*
573M	**The Truth About College (Middle School)**	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation addresses various misconceptions about college parents may have encountered and provides them with information and resources that will be useful in supporting their child on the path to college.	Grades 6-8 (Adults)	1-hour session *(virtual OR in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
117V	**Transitions in Education: Preparing for High School**	CCSD Family Engagement Department	In this workshop, we will explore some of the major changes academic and personal changes that students may encounter in high school, and how parents or caregivers can support their children during this challenging time.	Grades 6-10 (Adults)	Pre-recorded video 
119V	**Transitions in Education: Thriving in Middle School**	CCSD Family Engagement Department	In this workshop, we will explore some of the major changes that students may encounter in middle school and how parents or caregivers can support their children during this challenging time.	Grades 5-8 (Adults)	Pre-recorded video 
302	**What Does it Mean to be an ELL Student?** **Offered at the CCSD Family Support Center only.*	CCSD Family Support Center – Newcomer Support Team	Gain an understanding of how students are identified as an English Language Learner (ELL) and what that means in their journey as a CCSD student. This session also explores way parents can support English language development at home.	Grades PK-12 (Adults)	45-minute session *(in-person)*

Involvement, Leadership, and Advocacy

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
557	**Be Brave – Bullying Prevention At Home** **Not available on Tuesdays.*	Nevada Child Seekers	"Bullying" has become a huge problem in our schools today, especially with the rise of social media and the advancement of technology. Be Brave aims to assist parents and school administration by answering common questions and addressing common concerns from both sides of a bullying situation. Why is bullying a bigger deal now? What laws are in place to protect my child from bullies? How does social media and modern technology effect my child in a bullying situation? Join us as we partner as a community to protect our children from bullying and answer many of these burning questions.	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)*
512	**Cultural Competence & Cultural Humility** **Not available on Mondays.*	Solutions of Change	In this workshop you will learn the definitions of cultural humility and cultural competency, the important of both topics, participate in role playing exercises, and learn ways you can practice both topics at home and within your environment.	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)*
556	**Human Trafficking Awareness** **Not available on Tuesdays.*	Nevada Child Seekers	24 Hour city, hot nightlife, International Airports, high population, a sea of hotels and motels. Las Vegas is the perfect place for human traffickers to hide under the radar. Learn the truth about Human Trafficking and debunk the myths as Nevada Child Seekers shares the reality of modern day slavery using real case examples and true stories.	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)*
553	**NetSmartz Internet Safety** **Not available on Tuesdays.*	Nevada Child Seekers	"If your children have access to the internet, the internet has access to your children." Nevada Child Seekers aims to keep parents and guardians informed of the trends used by online predators to groom children. Through up to date trends and discoveries from real Nevada Child Seekers missing child cases, we walk through how our youth are exposed to online dangers and the importance of internet safety and parental guidance at home.	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)* Pre-recorded video 
128V	**Digital Citizenship: Safe and Responsible Technology Use**	CCSD Family Engagement Department	This video provides information on how to keep children safe while using the internet. Learn how to be a positive Digital Leader, set boundaries and rules, and how to avoid common internet scams. Families will also review CCSD's internet usage rules and regulations.	Grades PK-12 (Adults)	Pre-recorded video 

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
558	**Runaway Prevention at Home** **Not available on Tuesdays.*	Nevada Child Seekers	A majority of missing child cases are classified as "Runaways" but not all of the youth in those cases had the option to return home. Nevada Child Seekers dives into the reality of Runaway Youth in Nevada and how online predators avoid AMBER alert callouts by convincing children to willingly leave their own homes. Nevada Child Seekers provides resources for families and strategies to practice at home to assist in preventing your children from running away as well as giving them the tools to not be victimized if they ever find themselves in a dangerous situation because they chose to run away from home.	Grades 6-12 (Adults)	1-hour session *(virtual OR in-person)*
519 NEW	**Shatter the Cycle: Unveiling Domestic Violence** **This topic is intended for an adult audience and may be sensitive for some listeners.*	SafeNest - Education & Prevention	In this comprehensive three-part series, SafeNest's Education and Prevention department will explore the critical issue of domestic violence (DV). Throughout the one-hour sessions, attendees will gain a thorough understanding of DV, including its prevalence in Nevada and the myriad forms it can take. Our expert presenters will equip participants with essential knowledge on recognizing the signs of DV, navigating responses to disclosure or suspicions of DV.	Grades PK-12 (Adults)	3-weekly 45-minute sessions *(virtual OR in-person*
572	**Six Advocacy Skills that Turn No's into Yes's**	Nevada PEP	Parents, your voice matters! Are you tired of being told "No" when trying to get help for your child? You are the expert on your child, and you understand your child's needs and strengths best. We will discuss the parents' role in communication, advocacy, and effective partnership with the professionals that support their children. Learn how to get the needed supports and services with these six amazing advocacy strategies!	Grades PK-12 (Adults) **For families of students with disabilities.*	45-minute session *(virtual OR in-person)*
580	**Student-Athlete Gambling Awareness (SAGA)**	Nevada Council on Problem Gambling	Is your child a student-athlete with hopes of playing their sport in college? Since 2018, most US states have legalized sports betting, and the number of athletes and staff negatively impacted by sports gambling continues to rise. Learn how to minimize this risk for your child now to ensure their positive future as an athlete. This course covers youth gambling, sports betting, and NCAA gambling restrictions. Community resource information for the entire family will be provided.	Grades 6-12 (Adults)	1 - 1.5-hour session *(virtual OR in-person)*
502	**Take Steps to Stop Bullying**	Nevada PEP	If you are concerned about bullying, this workshop is for you! Join us as we discuss what bullying is, what to do if your child is being bullied, and what to expect after a report of bullying is made. This webinar will help participants understand Nevada laws about bullying and your child's right to a safe learning environment.	PK-12 (Adults) **For families of students with disabilities.*	1-hour session *(virtual OR in-person)*
535	**Tools for Successful Learning** **Available ONLY at the Family Engagement Centers in SPANISH between 2:30 – 5:00 p.m.*	Parent Leadership Team	This course will create awareness among parents about their positive impact on their children's education, as well as model how to establish agreements and limits that will lead them to personal and academic success. It will introduce the tools they need as a family and share new strategies and roles to successfully collaborate with teachers.	Grades PK-8 (Adults)	4 weekly 1.5-hour sessions *(virtual OR in-person)*
101	**Volunteer and Learn** **Available ONLY at the Family Engagement Centers (FECs.)*	CCSD Family Engagement Department	Join us at our Family Engagement Centers for an opportunity to volunteer while simultaneously learning effective strategies to support your students academically at home.	Grades PK-12 (Adults)	1-hour sessions *(in-person)*

Promoting Wellness and Development

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
408	**A Guide to Social Emotional Learning**	UNR Extension Partners in Parenting	This workshop is designed to introduce parents/caregivers to the keys of social emotional learning (SEL). SEL is beneficial for children of all ages and can help children develop and maintain positive relationships, become lifelong learners, and contribute to a caring society. A SEL activity for parents and children will also be included.	Grades PK-12 (Adults and Children)	1-hour session *(virtual OR in-person)*
414	**Building Teenagers' Survival Skills (A Teen Triple P Discussion Workshop)** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	This workshop dives into the topic of why teenagers may make risky decisions. Parents explore ways to support their teen's health and well-being and plan for risky situations. Strategies and plans to positively support teens as they move toward independence and adulthood are discussed.	Grades 6-12 (Adults)	2-hour session *(virtual OR in-person)*
544	**Bullying – Stop the Cycle**	Parent Guidance	Bullying is a pervasive issue that Dr. Melissa Lopez-Larson has seen growing exponentially over the past several years. In this course, we will learn how to identify bullying, treatment options, strategies for prevention, and more. We will discuss: • What bullying is and isn't • Who bullies and who gets bullied? • Stopping the bullying cycle • Bullying in social media • Bullying in school • Bullying in sports *- Course created by Dr. Melissa Lopez-Larson, M.D.*	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)*
422	**Coping with Stress (A Triple P Informed Seminar)** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	This workshop explores a range of strategies to cope with the everyday stress of parenting children. Discuss common causes of stress, how stress affects parenting and healthy ways to reduce and manage stress.	Grades PK-12 (Adults)	2-hour session *(virtual OR in-person)*
409	**Coping with Teenagers' Emotions (A Teen Triple P Discussion Workshop)** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	Discuss the reasons teenagers have emotional outbursts and reactions and find out how to support teens as they develop the ability to process and express emotions in healthy ways.	Grades 6-12 (Adults)	2-hour session *(in-person)*
548	**Credit Score Boost: Elevate Your Score Higher**	Silver State Schools Credit Union	Want to get a better interest rate on your next loan? Or get a leg up on that job interview? Raise your credit score. This workshop can help you understand your credit history and how credit scores work so you can improve your overall credit rating.	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
547	**Debt-Free Dreams: Mastering Debt Management and Elimination**	Silver State Schools Credit Union	Learning how to manage debt is critical to long-term financial stability. This workshop can help you pay off your debt faster — and recognize when that isn't the best thing to do.	Grades PK-12 (Adults)	45-minute session *(virtual OR in-person)*
509	**Disaster Preparedness** *Available ONLY at the Family Engagement Centers (FECs)*	City of Las Vegas Office of Emergency Management	Are you prepared for a disaster emergency? You can be. Participate in our series to learn how to get started.	Grades PK-12 (Adults)	5 weekly 1-hour sessions *(in-person)*
583 NEW	**Don't Fall for Solar Panel Scams**	Legal Aid Center of Southern Nevada	Do not be a victim of solar company fraud. Do not sign any contract unless you fully understand it. Know your rights as a solar panel customer.	Grades PK-12 (Adults)	1.5-hour session *(virtual OR in-person)*
406	**Eating Smart, Being Active**	University of Nevada, Reno Extension Services	Join the Expanded Food and Nutrition Education Program (EFNEP)/Eating Smart and Being Active classes and learn how to save money and eat healthy! Our eight-lesson class series will teach you to: • Save money and plan tasty, healthy meals for your family. • Prepare new recipes and eat more meals at home. • New ways to enjoy fruits and vegetables. • Control portion sizes. • Prepare and store food safely and prevent waste. • Prepare nutritious and delicious recipes. • Be more physically active with your children.	Grades PK-12 (Adults)	9 weekly 1-hour sessions *(virtual OR in-person)*
568 NEW	**Ending the Silence for Families**	NAMI of Southern Nevada	Join us for this workshop to discuss warning signs, facts and statistics about mental health conditions, including how to talk with your child and how to work with school staff for more support.	Grades 6-12 (Adults)	1.5-hour session *(virtual OR in-person)*
201	**English for Adults** **Available ONLY at the Family Engagement Centers (FECs)*	CCSD Family Engagement Department	This ongoing course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking and listening. Participants learn strategies in order to advance their reading, listening and pronunciation skills. This workshop changes each session and varies weekly at each Family Engagement Center. Free Rosetta Stone licenses are available to participants for additional personalized online learning!	Grades PK-12 (Adults)	45 min -1 hour session
426	**Fear-Less Triple P (A Workshop for Parents Who Have a Child That Experiences Anxiety)** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	Parents play an important role in helping their children overcome their anxiety. Explore skills and strategies that help children cope with anxiety and become more emotionally resilient.	Grades 6-8 (Adults)	6 weekly 2-hour sessions *(in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
337	**Feeding Clark County School District**	CCSD Food Service	Do you ever wonder what goes into choosing what ends up on the school menu? Come have a conversation and find out the history of school nutrition, the USDA Guidelines that we follow and how our operation works in the Clark County School District.	Grades PK-12 (Adults)	45-minute session *(virtual OR in-person)*
563 	**Get SMART: Opening Youth Accounts for Your Kids** **Parents are not required to open an account to participate in this workshop. However, $50 vouchers will be available for parents who do decide to open an account for their child while supplies last.*	Silver State Schools Credit Union	This workshop is designed to introduce the features and benefits of SSSCU's new youth checking account. Participants will learn how to manage their checking accounts, including balancing checkbooks, understanding fees, and using online banking tools. The session will emphasize the importance of developing good financial habits and provide practical tips for young account holders to manage their money responsibly.	Grades 6-12 (Adults)	45-minute session *(in-person)*
431	**Getting Teenagers Connected (A Teen Triple P Positive Parenting Program Seminar)** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	In the seminar, parents explore ways of encouraging teenagers to develop supportive friendships, to engage in appropriate social activities and to be confident, plan ahead and meet their commitments. This is the third of three seminars in a series for parents of teenagers. (Available individually or as a series.)	Grades 6-12 (Adults)	1.5-hour session *(virtual OR in-person)*
418 	**Getting Teenagers to Cooperate** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	It is natural for teens to push for their own independence. Explore ways to help teenagers learn the important life skills of cooperating and working with others.	Grades 6-12 (Adults)	2-hour session *(in-person)*
555	**Healthy Relationships & Self Respect** **Not available on Tuesdays.*	Nevada Child Seekers	Children will often be victimized by predators due to their inability to recognize a toxic relationship. Many youth are often unable to recognize gas lighting and manipulation tactics used by predators which may ultimately lead to that child being victimized or going missing. Nevada Child Seekers believes that education on healthy relationships will lead to reduced numbers of children being victimized by online predators, human traffickers, and potentially avoid situations of domestic violence.	Grades 6-12 (Adults)	1-hour session *(virtual OR in-person)*
538	**Identifying Depression, Anxiety and Trauma In Children and Adolescents** **Scheduling capacity is limited.*	Family & Child Treatment of Southern Nevada	In this workshop experienced mental health professionals will provide important information for parents of children age 3-17, including signs and potential indicators of depression, anxiety, and trauma. We will do a brief overview of the differences between adults and children/adolescents regarding mental health, then provide suggestions and tips for how parents can respond to and help if they suspect their child struggles with anxiety, depression, and/or trauma.	Grades PK-12 (Adults)	45-minute session *(virtual OR in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
515	**Independent Financial Skills: Life On Your Own** **Not available on Mondays.*	Solutions of Change	This course teaches people how to build independence. It goes over essential skills to help prepare you for life. This course touches various topics such as, finding a job, finding a place to live, needs vs wants, and paying bills.	Grades 6-12 (Adults)	1-hour session *(virtual OR in-person)*
585 NEW	**Introduction to Legal Basics of Child Custody, Immigration, and Housing** **Scheduled at Family Engagement Centers only. Please inquire for location details to share with your community*	Nevada Legal Services	Join us for a discussion on the legal basics of child custody, immigration, and housing in Las Vegas. We will share definitions, answer common questions, and connect families with available resources.	Grades PK-12 (Adults)	1.5-hour session *(in-person)*
560 NEW	**Keys to Your Castle: Navigating First-Time Home Buying**	Silver State Schools Credit Union	This workshop is designed for prospective first-time homeowners, covering everything from the initial steps of home buying to finalizing the purchase. Participants will learn about different types of mortgages, the importance of credit in securing a loan, and how to budget for a home purchase. The session will also cover the hidden costs of homeownership and provide tips for maintaining a home and managing finances post-purchase.	Grades PK-12 (Adults)	45-minute session *(in-person)*
582 NEW	**Know Your Rights as a Tenant**	Legal Aid Center of Southern Nevada	Know your rights as tenants in Nevada. Information is power Learn everything about your rental lease, eviction notices, and the eviction process in the Courts.	Grades PK-12 (Adults)	1.5-hour session *(virtual OR in-person)*
564 NEW	**Let's Play Financial Jeopardy: Test Your Money Smarts**	Silver State Schools Credit Union	A fun, exciting workshop where participants play a Jeopardy-style quiz game focused on financial topics. This interactive and competitive format makes learning about finance engaging and entertaining.	Grades PK-12 (Adults)	45-minute session *(in-person)*
504	**Let's Set the Boundary** **Not available on Mondays.*	Solutions of Change	Learning how to set healthy boundaries is an important part of children's development. In this workshop, families and their children will be shown how to set respectful boundaries with themselves, their peers, and adults. There will be opportunity to practice these skills within the course.	Grades PK-12 (Adults)	45-minute session *(virtual OR in-person)*
539 NEW	**Living with Wildlife**	Nevada Department of Wildlife	Have you ever seen a coyote strolling through your neighborhood? Has a duck turned your backyard into its new home? We will learn what to do if you find a baby bird on the sidewalk, how to discourage wildlife from getting too cozy in your yard, and more.	Grades PK-12 (Adults)	45-minute session *(in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
549 	**Luxury for Less: Treat Yourself Without Breaking the Bank**	Silver State Schools Credit Union	This unique workshop blends financial literacy with self-care. Participants will explore creative and budget-friendly ways to indulge in self-care, such as DIY spa treatments, affordable hobbies, and low-cost relaxation techniques. The session will end with a class potluck as participants bring in budget-friendly treats to share.	Grades PK-12 (Adults)	2-hour session *(in-person)*
569 	**Mental Health 101**	NAMI of Southern Nevada	Join us for a discussion of the different stages of mental illness to mental wellness, types of therapy, types of mental health professionals, how to practice self-care and the crisis response system including 988.	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)*
571 	**Mental Health & Stigma**	NAMI of Southern Nevada	This presentation shares the basics of mental health, mental health statistics in Nevada, the definition of stigma, its harmful effects, and how to break it for healthier communities.	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)*
534	**Mindset: Growth vs Fixed** **Not available on Mondays.*	Solutions of Change	This workshop teaches the concept of mindset, taking a deep dive into the two contrasting mindsets anyone may have. We explore the benefits and risks of having a specific mindset and introduce small efforts that can shift one's own mindset in ways that support positive well-being and mental health.	Grades PK-12 (Adults)	1 session *(virtual OR in-person)*
575	**Money Management**	SCE Federal Credit Union	This workshop provides realistic strategies and tips for managing one's personal finance. We discuss why money management must be a priority, how to accomplish financial goals, a great way to budget, and the importance of saving.	Grades PK-12 (Adults)	45-minute session *(virtual OR in-person)*
546	**Money Mentality: Budget & Save Like a Pro**	Silver State Schools Credit Union	Smart, real-life budgeting is the foundation of good money management. Whether you've been budgeting for years or you're taking your first steps toward managing your spending habits, this workshop can help.	Grades PK-12 (Adults)	45-minute session *(virtual OR in-person)*
520 	**Navigating Autism: Tools for Families and Caregivers**	Mingo Health Solutions Behavioral Services	This course is designed to help caregivers and educators better understand autism spectrum disorder (ASD). Attendees will be provided with tips and tools to engage more appropriately with their children and students who may be on the autism spectrum.	Grades K-12 (Adults) **For families of students with autism and related disabilities.*	45-minute session *(virtual OR in-person)*
417  	**Nurturing Fathers** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	Fathers play an important role in their child's development. In this program, dads and male caregivers explore positive and nurturing parenting strategies for raising healthy children and youth.	Ages 0-18 (Adults)	8 weekly 2-hour sessions *(in-person)* ***must attend all sessions*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
554	**Operation Drug Free** **Not available on Tuesdays.*	Nevada Child Seekers	This presentation aims to educate parents on vital information provided by the Drug Enforcement Administration on specific substances, their effects and dangers, as well as resources to help recognize addiction, substance use in children, and resources for recovery and help.	Grades 6-12 (Adults)	1-hour session *(virtual OR in-person)*
550 NEW	**Paint the Picture: Creating Your Financial Vision Board**	Silver State Schools Credit Union	A hands-on workshop where participants engage in craft projects, such as creating vision boards, personalized savings jars, or financial goal calendars. These projects help visualize and set financial goals in a fun and artistic way.	Grades PK-12 (Adults)	2-hour session *(in-person)*
522	**Parental Self Care** **Not available on Mondays.*	Solutions of Change	This class stresses the importance of self-care for parents and provides examples for daily self-care practices and routines. By making themselves a priority, parents will spread the awareness of wellness in the home and model healthy practices for their children.	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)*
566 NEW	**Parent Playbook for Success: Using Task Analysis and Prompting Techniques**	CCSD ABA Family and Student Support Services	This session is designed to increase parent understanding of the use of the prompting hierarchy and task analysis to support their children's independence in the home and community. This session is intended for families of students with autism and related disabilities.	Grades PK-12 (Adults) **For families of students with autism and related disabilities.*	1-hour session *(in-person)*
505	**Physical Intelligence & Sports Awareness** **Not available on Mondays.*	Solutions of Change	Physical intelligence is an important part of leading a healthy life, managing stress, and learning more happily. This course will teach participants about the benefits of physical activity, as well as different coping methods to help relieve stress and anxiety. They will also learn about sports and other occupations within the sports world.	Grades 3-12 (Adults)	1-hour session *(virtual OR in-person)*
559 NEW	**Positive Behavioral Supports for Families**	Nevada PEP	Do you need new ideas to support your child's behavior? This workshop will help parents understand how their child behavior is often their way to communicate. Learn evidence-based practices to teach your child positive behavior skills that can lead to higher self-esteem, better school performance, greater motivation, and more success in life.	Grades PK-12 (Adults)	45-minute session *(virtual OR in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
428 	**Positive Connections for Parents and Teenagers**	UNR Extension Partners in Parenting	This four-week educational parenting series is designed to help parents and their teenage children better understand teen behavior. Its focus is to increase parenting knowledge and skills.	Grades 6-12 (Adults and Children)	4 weekly 1.5-hour sessions *(virtual OR in-person)*
586 	**Power of Parents: Talking to Your Teenager About Alcohol**	Mothers Against Drunk Driving (MADD) Nevada	MADD's Power of Parents® program empowers parents of middle school and high school students to have ongoing, intentional conversations about the dangers and consequences of underage drinking and other drug use.	Grades 6-12 (Adults)	1-hour session *(virtual OR in-person)*
584 	**Preparing Your Small Claims Case**	Legal Aid Center of Southern Nevada	Do you want to know how to prepare a small claims case? We are going to teach you how to prepare a small claims complaint and to comply with all the requirements during the court process.	Grades PK-12 (Adults)	1.5-hour session *(virtual OR in-person)*
576H	**Preventing Summer Melt (High School)** **Available Spring 2025*	UNLV Early Outreach	This presentation helps parents understand why students may suffer from summer melt - or summer learning loss - during extended school breaks. Parents will also leave with specific strategies and practices they can implement to help students maintain strong reading and math skills during the summer.	Grades 9-12 (Adults)	1-hour session *(virtual OR in-person)*
576M	**Preventing Summer Melt (Middle School)** **Available Spring 2025*	UNLV Early Outreach	This presentation helps parents understand why students may suffer from summer melt - or summer learning loss - during extended school breaks. Parents will also leave with specific strategies and practices they can implement to help students maintain strong reading and math skills during the summer.	Grades 6-8 (Adults)	1-hour session *(virtual OR in-person)*
205	**Project LISTOS!** **Scheduled at pre-determined locations only. Please inquire for location details to share with your community.*	Economic Opportunity Board of Clark County	Building competent and self-sufficient communities throughout academic programs, such as Spanish literacy to facilitate higher proficiency in English acquisition (bilingual curriculum) and other life skills workshops.	Grades PK-12 (Adults)	3.5-hour sessions *(in-person)*
430	**Raising Competent Teenagers (A Teen Triple P Positive Parenting Program Seminar)** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	Help your teen get the most out of their teen years. Find out how to help support their growing independence and help them communicate, develop self-discipline and routines, and solve problems at school, with family and friends. This is the second of three seminars in a series for parents of teenagers. (Available individually or as a series.	Grades 6-12 (Adults)	1.5-hour session *(virtual OR in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
429	**Raising Responsible Teenagers (A Teen Triple P Seminar)** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	Are you the parent of a teenager? Explore six key elements to helping teenagers be responsible, reliable and more involved in family life. This is the first of three seminars in a series for parents of teenagers. (Available individually or as a series.)	Grades 6-12 (Adults)	1.5-hour session *(virtual OR in-person)*
411	**Reducing Family Conflict (A Teen Triple P Discussion Workshop)** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	Good problem-solving skills are essential for navigating life's challenges. Explore ways to deal with conflict and disagreements with the goal of teaching these skills to your teenager.	Grades 6-12 (Adults)	2-hour session *(in-person)*
567 NEW	**Rewards and Routines: Building Learning Success at Home with Positive Support**	CCSD ABA Family and Student Support Services	This session is designed to increase parent understanding of how to use rewards and routines in the home setting to promote positive behavior. This session is intended for families of students with autism and related disabilities.	Grades PK-12 (Adults) **For families of students with autism and related disabilities.*	1-hour session *(in-person)*
139V	**Social Emotional Learning**	CCSD Family Engagement Department	The Social-Emotional video series shares interactive strategies and resources to help families support their children with social-emotional learning. Watch and learn how to apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, and take responsibility for oneself to maintain healthy relationships and practice self-care. • Video 1: Coping Strategies for Feelings and Emotions • Video 2: Self-Esteem – The Invisible Mask • Video 3: Talk it Out! • Video 4: Breathe it Out!	Grades PK-12 (Adults)	Pre-recorded video
506	**Social Emotional Learning for Youth Development** **Not available on Mondays.*	Solutions of Change	This course explores the practical use of SEL interventions to acquire and apply knowledge, skills, and abilities to develop healthy identities, manage emotions, achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.	Grades PK-12 (Adults)	1-hour session *(in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
543	**Social Media: Protecting Your Child**	Parent Guidance	Protecting children from technology that moves so fast is very difficult to manage. Oftentimes, the way parents react can make the issues worse. In this session, learn the parenting pitfalls, as well as practical solutions to effectively managing technology use. Session topics include: • Guiding Principles of Effective Parenting • Educate About the Truth of Our Devices • Device Awareness • Avoid Being Blindsided • Expecting Challenges • Disciplined Parenting *-Course created by Dr. Kevin Skinner, LMFT, CSAT, EMDR*	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)*
415	**Staying Connected with Your Teenager** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	Navigating the teen years can be rewarding and challenging! In this program parents and teens work together to strengthen their relationship, improve communication, and explore problem-solving and conflict resolution strategies that supports the teen's development.	Grades 6-12 (Adults and Teens)	6 weekly 2-hour sessions *(in-person)*
594 NEW	**Stress Less!**	Esse Johnson	The *Stress Less* video can be used by families and staff to practice simple techniques to relieve chronic stress and anxiety. Watch and learn how to practice a simple breathing technique, Emotional Freedom Tapping, and a simple method to cancel scatterbrain and frustration.	Grades PK-12 (Adults)	Pre-recorded video
303 NEW	**Supporting a Biliterate Home** **Offered at the CCSD Family Support Center only.*	CCSD Family Support Center – Newcomer Support Team	Join this session to understand the research on the benefits of bilingualism. Learn how to engage in quality interactions and use language structures that support biliteracy at home. We will also discuss ways to advocate for and promote bilingualism for your child.	Grades PK-12 (Adults)	45-minute session *(in-person)*
562 NEW	**Swipe Right: Secrets to Responsible Credit Card Use**	Silver State Schools Credit Union	This workshop focuses on responsible credit card use, helping participants understand the pros and cons of credit cards. Participants will learn about interest rates, fees, and how to avoid common credit card pitfalls. The session will also cover strategies for managing credit card debt, making timely payments, and leveraging credit card rewards without overspending.	Grades PK-12 (Adults)	45-minute session *(in-person)*
561 NEW	**Tackle Your Taxes: Simplify & Maximize Your Returns**	Silver State Schools Credit Union	In this workshop, participants will gain a clear understanding of the tax filing process, including deadlines, necessary documents, and how to complete common tax forms. The session will cover various deductions and credits that individuals may be eligible for, as well as tips for organizing tax documents throughout the year. Participants will leave with the knowledge to file their taxes confidently and accurately.	Grades PK-12 (Adults)	45-minute session *(in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
308 	**Talking to Youth About Substance Use** **Scheduled at Family Engagement Centers only. Please inquire for location details to share with your community.*	CCSD Department of Safe and Drug Free Schools	In this session, parents will learn about the signs and symptoms of substance use and misuse, along with ways to engage in conversations with their child about the harm it causes to the developing brain.	Grades PK-12 (Adults)	1.5-hour session *(in-person)*
412 	**Teen Triple P** **Offered in English and Spanish separately.*	Clark County Family Services - Parenting Project	Parenting teenagers can be challenging! Explore strategies to increase desirable teen behaviors and manage problem behavior in a constructive and caring manner to reduce conflict and minimize risk-taking behavior.	Grades 6-12 (Adults)	7 weekly 2-hour sessions *(virtual OR in-person)* ***must attend all sessions*
533	**The Dark Side of Social Media** *Availability is limited to audiences of 25 or more. Please inquire for more information.*	Las Vegas Metropolitan Police Department	This course includes tips, examples, and a detailed discussion to increase the awareness of parents to the potential dangers of social media and online interactions. It is also designed to help parents implement precautions to make their children less vulnerable online.	Grades 3-12 (Adults)	45-minute session *(in-person)*
551	**The Impact of the Games We Play**	Nevada Council on Problem Gambling	Video games now outsell movies and music combined. Not surprisingly, video game and social media addictions are rising in kids and adults. This presentation will contrast healthy and problematic gaming and discuss features in video games and social media that are addictive. It will also teach parents and children the signs and symptoms of gaming addiction and its effects on children and the family. Participants will learn about community resources for gaming and gambling issues.	Grades PK-12 (Adults)	1 - 1.5-hour session *(virtual OR in-person)*
588 	**The Influence of Social Media on Mental Health** **Available ONLY at the Family Engagement Centers in SPANISH between 2:30 – 5:00 p.m.*	Parent Leadership Team	This series of workshops is designed to raise awareness among parents and students about social media, including the benefits of enhanced communication as well as potential negative effects on mental health and academic achievement.	Grades 6-12 (Adults)	2 weekly 2-hour sessions *(virtual OR in-person)*
570 	**Too Blessed to Stress**	NAMI of Southern Nevada	This presentation shares the impact of stress and common symptoms we may notice in ourselves or our children. We will share practical techniques and strategies to relieve stress and build healthy coping skills.	Grades PK-12 (Adults)	1-hour session *(in-person)*

Course Number	Course Name	Presenter	Course Description	Target Audience	Course Length
542	**What Parents Need to Know About Suicide Prevention**	Parent Guidance	This workshop offers experience and expert advice around how parents can help to prevent suicide. Our session will include: • The Basic Principles of Mental Health • Why does suicide occur? • The Warnings Signs of Suicide • What Not to Say and Do • What You Need to Say and Do • Where can you go for help? *-Course created by Dr. Greg Hudnall, Founder of Hope Squad*	Grades PK-12 (Adults)	1-hour session *(virtual OR in-person)*