

University of Family Learning (UFL) Course Catalog 2023-2024

The **University of Family Learning (UFL)** is an invitation for adult family members of current and future CCSD students to access valuable educational information and networking opportunities that will increase both family and student success. Family and community members are invited to participate in a variety of courses and workshops in four focus areas. Every UFL course or workshop offers credit for hours of participation. Participants who meet the yearly goal of fifty (50) credit hours are recognized at an end-of-year "Ceremony of Achievement."

Scheduling: At this time, classes in the course catalog can be held in a variety of formats, including in-person, via live virtual session, and/or via pre-recorded content. For details on a specific class or to schedule a course, please contact your assigned staff member listed on page 2. If no contact is listed, please email familyengagement@nv.ccsd.net and we will route your request to the appropriate staff member.

Please be advised that a school/organization staff member **must** be present during sessions to assist with any site-specific questions that may arise. At this time, the majority of courses can be offered in English and Spanish.

Once scheduled, marketing flyers will be shared with the school/organization for promotion and advertising. Please work with your Family Engagement contact for any additional needs specific to your school/organization.

Focus Areas (Please click on the area below to be directed to that section of the catalog.)

- [Parents as Teaching Partners](#)
- [Navigating the School System](#)
- [Involvement, Leadership, and Advocacy](#)
- [Promoting Wellness and Development](#)



**Please note: To ensure that we are able to provide services equitably to all schools, we are available to schedule 1 Family Engagement taught workshop and 1 community partner workshop per month at any given school. Additionally, schools may schedule up to 3 early childhood workshops per academic year.*

Family Engagement Contact Information







Name:

Position:









Email:









Phone Number:









Catalog Symbols








	<p>New Course - This course is a new addition to our course catalog for the 2023-2024 school year.</p>
	<p>Pre-Recorded Video – This course is available as a pre-recorded video on our website. Scan this QR Code to access the videos. We encourage schools to have a licensed staff member present to facilitate interactive discussion.</p> 
	<p>After School - This course is interactive and suitable to be scheduled after school for parents and elementary students to participate in <u>together</u>.</p>
	<p>Early Childhood - This class, series, or video is suitable to be scheduled for parents and Pre-K students <u>together</u>. Please note that our staff are not available to facilitate video sessions.</p>
	<p>Series - This class is a series scheduled over multiple weeks. Participants are expected to attend all sessions.</p>
<p>Course Availability</p>	<p>The courses that are available <i>in-person, virtually, or both</i> are marked accordingly in the “Course Length” column.</p>













Parents as Teaching Partners








<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
107V	100 Ways to Raise a Reader Video Series	CCSD Family Engagement Department	This video series is designed to support families as they help their children develop a life-long love of reading. The series answers common parental questions about reading and offers families fun reading "games" they can play together at home. <ul style="list-style-type: none"> • Video 1: Introduction • Video 2: High-Frequency Words • Video 3: More Reading Possibilities 	Families with students in Grades K-5	Pre-recorded video 
122V 	100 Ways to Raise a Writer (PK-1)	CCSD Family Engagement Department	Establishing good writing habits and making the act of writing fun (and not a chore) will help your children tremendously on their path to college or career. This workshop presents some easy ideas to excite your kids about writing on a regular basis.	Families with students in Grades PK-1	Pre-recorded video 
107 	Addicted to Reading! (Reading & Comprehension Skills K-5)	CCSD Family Engagement Department	This hands-on workshop shows how families can make small adjustments to their normal daily routines that will make reading an enjoyable and natural habit for anyone. Families will also experience interactive ways to increase reading comprehension and develop a life-long love of literacy by focusing on specific strategies to use before, during, and after reading.	Families with students in Grades K-5	45-minute session <i>(in-person)</i>
203Vb 	Alphabet Awareness and Recognition	CCSD Family Engagement Department	Alphabet awareness and recognition are the foundation to reading. This video shares activities that stretch the imagination, promote problem-solving skills, and help expand a child's vocabulary. Families will gain strategies, websites, literature, and games to use with their children while helping to build and strengthen their academic readiness skills.	Families with children ages three-five	Pre-recorded video 
111 	Blast Off with Math	CCSD Family Engagement Department	Ready to blast off with math? Join the Family Engagement team for a stellar opportunity for families to use easy hands-on games and learn about online resources for math practice. Topics covered include addition, subtraction, multiplication, division, fractions, estimation, and more! All families will receive free materials to use again at home.	Families with students in Grades K-5	45-minute session <i>(in-person after school ONLY)</i>
110V	Conversations in the Kitchen: Enriching Family Communication	CCSD Family Engagement Department	Research shows eating family meals together is one of the best ways to improve a child's social-emotional and academic success. Participants will learn how to make the most of their time together by engaging in meaningful conversations around mealtimes.	Families with students in Grades PK-12	Pre-recorded video 

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434  	Cooking with Young Children Workshop <i>Expectation is that Pre-K staff attends and participates.</i>	UNR Extension Partners in Parenting	This educational parenting workshop promotes healthy eating and presents the benefits of cooking with young children. During this workshop, you will: Learn why you should cook with your children. Discover what your child can learn from cooking. Sample a healthy snack.	Families with children ages three-five	1-hour session <i>(in-person)</i>
108 	Creating a Home Library	CCSD Family Engagement Department	Establishing and updating a home library with a variety of reading materials provides children with a strong foundation for future success. Families will spend time creating a personalized book to add to, or start, a home library. Having books of his/her own in a special place increases the chance that children will want to read more.	Families with students ages three-five	45-minute session <i>(in-person)</i>
530	Diving Into Discovery Education! <i>If scheduled in a computer lab, families can login to navigate the platform during the workshop.</i>	Discovery Education	Join us as we explore the Discovery Education platform available to all CCSD students. We will adventure through resources like career exploration, virtual field trips, interactive learning games, and more!	Families with students in Grades PK-12	1-hour session <i>(virtual OR in-person)</i>
127V 	Dots, Dots, Dots!	CCSD Family Engagement Department	This video features fast and easy, yet powerful routines and games for building an understanding of numbers 1-20. The key to these activities is having children not just tell what number they see, but also explain how they see the number. This foundational concept is critical for achievement in mathematics.	Families with students ages three-five	Pre-recorded video 
407 	Family Storyteller: Interactive Literacy	UNR Extension Partners in Parenting	This parenting workshop promotes family literacy and pre-kindergarten school readiness skills. During this workshop you will learn tips on how to read to children and the benefits of reading, as well as participate in a parent-child book reading and hands-on activity. Choose a topic! <ul style="list-style-type: none"> • First Steps to Writing • Fun with Nonfiction • Favorite Fairy Tales • Phonics and Sounds 	Families with children ages three-five	1-hour session <i>(virtual OR in-person)</i>
109 	Growth Mindset: Stretch Your Thinking!	CCSD Family Engagement Department	"I'm not good at math! I can't read that!!" Does your child avoid challenges or get discouraged at the first obstacle they encounter? Understanding fixed and growth mindsets will help families listen and guide a child's beliefs about their ability and their desire to persevere when things get tough in all areas of life.	Families with students in Grades K-12	45-minute session <i>(in-person after school ONLY)</i>
516 	Hands On Engineering Design!	UNLV Tech Trekker	Interested in learning about the design process that real engineers use? Now you can get hands-on experience and learn about the engineering design process with simple materials found at home. Get the chance to design, build, and test your prototypes with these fun challenges!	Families with students in grades PK-5	1-hour session <i>(in-person)</i>






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307  	Hands-On Learning Activities for Early Childhood <i>Expectation is that Pre-K staff attends and participates.</i>	CCSD Early Childhood Department	Join us in acquiring new activities to increase your child's learning at home! During these sessions will we provide you with hands-on learning activities that you can do with your children at home. Come have fun with us and learn how to teach your child through play! Schools may choose a topic: <ul style="list-style-type: none"> • Literacy • Math • Language development • Science 	Families with students ages three-five	1-hour session <i>(virtual OR in-person)</i>
523	How is My Child Reading? <i>(This training is geared toward families with children with any disabilities.)</i>	Nevada PEP	Do you worry about your child's reading? This workshop will give you a better understanding of how children learn to read. You will learn the type of questions to ask your child's teacher and how to partner with the school on reading improvement. Do not miss this workshop to learn about the strategies that help children become good readers!	Adult family members of CCSD students in grades PK-8	1-hour session <i>(virtual OR in-person)</i>
541  	I'm Ready for K! <i>Expectation is that Pre-K staff attends and participates.</i> <i>Available to be scheduled beginning in January 2024.</i>	The Children's Cabinet	This course is designed for parents and children ages 3-5 year old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness. Each session provides an opportunity for positive parent-child interaction and strengthening the parent-child relationship. Topics include: <ul style="list-style-type: none"> • Early mathematics • Early literature • Science • Physical development • Creative expression • Creative arts 	Families with children ages three-five	6 weekly 2-hour sessions OR an individual session <i>(in-person)</i>
432  	Learn, Grow, Eat, and Go! Early Childhood Curriculum <i>Expectation is that Pre-K staff attends and participates.</i>	University of Nevada Reno Extension Youth Horticulture Education Program	The Early Childhood Learn, Grow, Eat, Go! (LGEG) is a garden-based program for preschool-aged children and their families. Participants engage in fun hands-on activities while learning about parts of the plant.	Families with children ages three-five	6 weekly 45-minute sessions <i>(in-person)</i>
203	Learning Through Play <i>Available ONLY at the Family Engagement Centers (FECs)</i>	CCSD Family Engagement Department	We will share activities that stretch the imagination, promote problem-solving skills, and help expand a child's vocabulary. Families have fun interacting meaningfully with their children while helping to build and strengthen their academic readiness skills.	Families with students ages three-five	45 min -1 hour session
427  	Let's Discover STEM Science, Technology, Engineering and Mathematics <i>Expectation is that Pre-K staff attends and participates.</i>	UNR Extension Partners in Parenting	This seven-week parenting program is designed to encourage and teach parents how to be positive forces on their children's early STEM learning. The weekly class features reading and fun, hands-on learning activities that are focused on encouraging children's interest in science, technology, engineering, and math.	Families with children ages three-five	7 weekly 1.5-hour sessions <i>(virtual OR in-person)</i>






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532V	Lifelong Reading with myOn	Renaissance	In this video families will learn about myOn – a virtual library that helps find just-right books and a fun reading experience for all students! We will log in, use the book reader and literacy tools. Also, learn how you can view your child's progress and read offline using the free mobile app. We'll even see how myOn supports bilingual families!	Families with students in Grades PK-5	Pre-recorded video 
410 	Little Books and Little Cooks <i>Expectation is that Pre-K staff attends and participates.</i>	UNR Extension Partners in Parenting	This six-week parenting program is designed to promote healthy eating, family literacy, school readiness skills, and positive parent-child interaction. Each weekly session includes a mini-lesson, story time and cooking activity for both parents and their preschoolers.	Families with children ages three-five	6 weekly 1.5-hour sessions <i>(in-person)</i>
342Vc	MAP Accelerator for Families Measure of Academic Progress	CCSD AARSI Division Assessment, Accountability, Research, and School Improvement	MAP Accelerator is an online resource that provides personalized math lessons for students in grades 3-8. (MAP Accelerator is also available in Spanish.) This video will show you how students can access MAP Accelerator through the CCSD Clever Portal as well as some of the key features of the program.	Families with students in Grades 3-8	Pre-recorded video 
131V	Mathematics Matters for Families	CCSD Family Engagement Department	Mathematics is everywhere, and all students can achieve success with support! This video shares brain-friendly learning strategies, conversation questions, practice websites, math literature, and fun games for elementary families. <ul style="list-style-type: none"> • Part 1: Brain-friendly Strategies • Part 2: Conversation Questions • Part 3: Family Activities, Games, Books, Websites 	Families with students in Grades K-5	Pre-recorded video 
113 	Math in a Frame <i>Expectation is that Pre-K staff attends and participates.</i>	CCSD Family Engagement Department	Five frames and ten frames are a quick and easy structure for building an understanding of numbers. This creative hands-on workshop introduces free online games and provides free materials to make addition and subtraction practice simple at home or on the go!	Families with students ages three-five	45-minute session <i>(in-person)</i>
203c 	Mouse Paint <i>Expectation is that Pre-K staff attends and participates.</i>	CCSD Family Engagement Department	We will start with a book for an exciting read aloud of <u>Mouse Paint</u> , followed by hands-on stations that explores colors, sensory skills, and pre-writing skills. Families have fun interacting meaningfully with their children while helping to build and strengthen their academic readiness.	Families with students ages three-five.	45-minute session <i>(in-person)</i>
112V	Multiplying Family Fun: Beginning Multiplication Strategies	CCSD Family Engagement Department	The Multiplying Family Fun video series shares interactive strategies, resources, and tools to help children learn basic multiplication facts. Watch and learn different ways children explain their thinking using objects, numbers, words, and pictures! <ul style="list-style-type: none"> • Part1: What are the strategies of repeated addition, skip counting, arrays, equal groups, and related facts? • Part 2: Family Activities, Puzzles, Games, and Websites 	Families with students in Grades 3-5	Pre-recorded video 




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438   	PBS Kids Work It Out with Wombats! Family & Community Learning <i>Available ONLY at the Family Engagement Centers (FECs).</i>	Vegas PBS	PBS KIDS Work It Out Wombats! demonstrates computational thinking (CT) for preschoolers— a way of thinking that enables them to solve problems, express themselves and accomplish tasks using the practices, processes and ideas at the core of computer science. Through this workshop series, families will learn strategies to help their preschoolers face challenges, such as using the design process, sequencing, debugging and other key elements of CT.	Families with children ages three-five	3 weekly 1-hour sessions <i>(in-person)</i>
513  	Play and Learn <i>Free transportation available through Uber with car seats. Please inquire for more information.</i>	Candelen	Play and Learn is a parenting program geared toward parents and caregivers who care for young children 5 years and younger. The goal is to teach parents how to bolster the development of their child by learning from each other and early childhood experts. Caregivers can expect to build friendships, bond with others, and have fun during the weekly two-hour sessions. We create planned interactions for caregivers and their children to do together that include brain-building activities, conversation, yoga, songs, dance, and family style snack so kids can practice skills through a series of sessions.	Families with children ages zero-five	6 weekly 2-hour sessions <i>(in-person)</i>
203a  	Race A to Z <i>Expectation is that Pre-K staff attends and participates.</i>	CCSD Family Engagement Department	We will start with a book for an exciting read aloud of <u>Race A to Z</u> , followed by hands-on stations that explore ways to reinforce letter recognition. Families have fun interacting meaningfully with their children while helping to build and strengthen their academic readiness.	Families with students ages three to five.	45-minute session <i>(in-person)</i>
123  	Round and Round with S.T.E.A.M. Science, Technology, Engineering, Arts, and Math	CCSD Family Engagement Department	During this hands-on workshop, families will use everyday items to collaboratively problem-solve and complete a design challenge. Many of the "tools" needed for science, technology, engineering, arts, and math exploration are right inside your home!	Families with students in Grades K-5	45-minute session <i>(in-person after school ONLY)</i>
130  	Shaping Up with S.T.E.A.M. Science, Technology, Engineering, Arts, and Math	CCSD Family Engagement Department	Families are invited to play higher-level thinking puzzles and activities designed to shape up math, vocabulary, writing, comprehension, sequencing, communication, and scientific inquiry skills.	Families with students in Grades K-5	45-minute session <i>(in-person after school ONLY)</i>
524 	SumoBots: Veggie STEAM Challenge <i>Available at 2 locations per year. Inquire for availability. Maximum capacity of 25 families.</i>	STEMbotics Learning Center	Come out to build and compete with an EV3 Sumo Bot. You and your family will build and program sumo robots that will be battling to win the best fruits and veggies for their neighborhoods.	Families with students in Grades 3-12	2-hour session <i>(in-person; available after 3:30pm)</i>



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531V 	The Engineering Design Process	STEMbotics Learning Center	Learn the engineering design process as you make a planter and build a mechanism for your home garden with the help of the STEMbotics Learning Center!	Families with students in grades K-8	Pre-recorded video 
342Vd	Understanding the MAP Growth Family Report Measure of Academic Progress	CCSD AARSI Division Assessment, Accountability, Research, and School Improvement	In this videos, parents/guardians will learn more about the Measure of Academic Progress (MAP) Growth Assessment and how to successfully support their students. It will cover in background information on the MAP Growth Assessment, how to interpret your child's scores, and ways to use the data to increase growth and achievement.	Families with students in Grades 3-8	Pre-recorded video 
306  	What's Your Name? What's Your Story? Family, Culture & Identity Through Literature	Ekuwah Mends Moses, Author	What's in a name? Students and families are invited to explore the potential impact of a person's name with author-illustrator and educator Ekuwah Mends Moses. She will read aloud, share artifacts published in her picture book, and invite participants to create a keepsake.	Families with students in grades PK-12	1-hour session <i>(in-person)</i> <i>Available after 4:30 pm or on weekends.</i>
135V 	Winter Math Activities for Pre-K Families	CCSD Family Engagement Department	Winter is a cool season for indoor and outdoor math activities. This session shares websites, literature, and games families can use with their preschool-aged children during the winter months and beyond.	Families with children ages three-five	Pre-recorded video 

Navigating the School System




<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
525V	Achieve3000 Literacy Parent Overview	Achieve3000	This short video will give parents an overview of the Achieve Literacy solution. This program allows students to get content at their just-right reading level, which promotes acceleration of reading skills. Learn how students can take advantage of this amazing tool to improve reading and comprehension.	Families with students in Grades 2-12	Pre-recorded video 
527V	Actively Learn Parent Overview	Achieve3000	This short overview will give parents a better understanding of how the <i>Actively Learn</i> program works to help students develop critical thinking skills, using a variety of content designed to support teacher instruction. This program engages students in the content and also sparks classroom discussions.	Families with students in Grades 3-12	Pre-recorded video 
132V	Canvas Learning Management System (LMS)	CCSD Family Engagement Department	This video series provides families an introduction to Canvas LMS, including how to register for an account and view student assignment details and grades. <ul style="list-style-type: none"> • Video 1: What is Canvas? An Introduction for Parents • Video 2: Canvas Observer – Account Registration & Student Pairing • Video 3: Canvas Observer – Canvas Parent App • Video 4: Canvas Overview for Observers 	Families with students in Grades PK-12	Pre-recorded video 
501 	Choosing the Right School for Your Children <i>*Only offered in Spanish.</i>	Parent Leadership Team	This course provides parents tools to find and identify the most appropriate school to support the needs of their children. Each child learns differently and has individual tastes and abilities. Additionally, some children need specialized help or programs to help them develop their potential.	Adult family members of CCSD students	4 weekly 1.5-hour sessions <i>(virtual OR in-person)</i>
133V	Chromebook Basics for Families	CCSD Family Engagement Department	This video will provide parents and students an introduction with Chromebook basics (connecting to Wi-Fi, logging in, caring for Chromebook, and GoGuardian).	Families with students in Grades PK-12	Pre-recorded video 
574E	College Prep Tips for the Elementary School Parent	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation provides parents ideas on how to help with organizing and prioritizing, flexible thinking, working memory, and self-monitoring which all contribute to student achievement in core subject areas. Additionally, this presentation provides age appropriate information and resources to help parents support their student on the path to college.	Adult family members of CCSD students in grades K-5	1-hour session <i>(virtual OR in-person)</i>
508	Developing the IEP to Meet Your Child's Needs <i>(This training is geared toward families with children with any disabilities.)</i>	Nevada PEP	Join us as we discuss special education and the IEP meeting process, including how parents can partner and actively participate in the development of their child's individualized education program. Learn the requirements of the IEP, how to include high expectations and how your child's present levels of education performance drive the goals and services provided by the school.	Adult family members of CCSD students	1-hour session <i>(virtual OR in-person)</i>





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103	Every Day Matters: An Attendance Gameshow	CCSD Family Engagement Department	Join us for a fun, game-based workshop to explore the strong link between consistent attendance and student achievement. Learn about the resources available at your school, community, and district to support your child's academic success.	Families with children in Grades PK-12	45-minute session <i>(in-person)</i> Pre-recorded video 
517 	Explore My Math Academy <i>This workshop is best hosted in a computer lab to allow families to access the program.</i>	Age of Learning, Inc.	Join us for a two part series to learn about My Math Academy, a program available to your CCSD student! Session 1: Launch learning at home with My Math Academy. Understand and view the game-based program through the lens of your child/ren to get started today! Session 2: Explore data in the Caregiver Center of My Math Academy to understand what your child knows and how you can connect with them as they learn and grow!	Adult family members of CCSD students in grades PK-2	2 weekly 45-minute sessions <i>(in-person)</i>
518 	Explore My Reading Academy <i>This workshop is best hosted in a computer lab to allow families to access the program.</i>	Age of Learning, Inc.	Join us for a two part series to learn about My Reading Academy, a program available to your CCSD student! Session 1: Launch learning at home with My Reading Academy. Understand and view the game-based program through the lens of your child/ren to get started today! Session 2: Explore data in the Caregiver Center of My Reading Academy to understand what your child knows and how you can connect with them as they learn and grow!	Adult family members of CCSD students in grades PK-2	2 weekly 45-minute sessions <i>(in-person)</i>
100	Family Engagement Department Overview	CCSD Family Engagement Department	Join us for a short overview of the services and support available to families through the CCSD Family Engagement Department.	Adult family members of CCSD students	30-minute session <i>(virtual OR in-person)</i>
136V	Google Meet Basics for Families	CCSD Family Engagement Department	This video will provide parents/guardians and students with the basics on how to use Google Meet.	Adult family members of CCSD students	Pre-recorded video 
138V	How to Login to Clever	CCSD Family Engagement Department	This instructional video explains how students, their families, teachers, and administrators can login to the Clever Portal to access all their online learning resources.	Adult family members of CCSD students	Pre-recorded video 

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528V	Intro to Freckle for Families	Renaissance	Freckle is a program for students in grades K-5 to provide access to valuable learning resources in the areas of Mathematics, English Language Arts, Science, and Social Studies. This video introduces with a general overview, with special mentions made of how best to support each student's learning path by encouraging independent work.	Adult family members of CCSD students in grades K-5	Pre-recorded video 
529V	Intro to Smarty Ants for Parents	Achieve3000	This video will give CCSD parents/guardians an overview of the Smarty Ants program that is now available to all students in Pre-K through 2 nd grade. Learn about how this highly engaging program will start your child on a path to becoming a strong reader.	Adult family members of CCSD students in grades PK-2	Pre-recorded video 
581	It's Never Too Early to Save for College	SSGA UPromise 529 College Savings Program & NVigate	College may be expensive, but if you plan ahead, it won't be out of reach. This course helps parents/guardians understand the importance of saving for college. Parents will learn: the real cost of college; what is a 529 college savings account, why should I save now instead of my kid borrowing later; other ways to save with the help of Nvigate -College Savings Division of NV State Treasurer's Office, including the College Kick Start Scholarship and the Millennium Scholarship	Adult family members of CCSD students	45-minute session <i>(virtual OR in-person)</i>
328	Magnet Schools: 30 Years of Excellence	CCSD Magnet Schools	Learn about the opportunities available for CCSD students through magnet schools and programs. As the single largest form of school choice in the nation, this workshop will help students and families understand how to navigate the admission process into a magnet program.	Families with students in Grades PK-12	45-minute session <i>(virtual OR in-person)</i>
104	Navigating Infinite Campus Parent Portal	CCSD Family Engagement Department	This learning session is designed to support families as they navigate CCSD's web-based information system. Participants will learn valuable information on how to monitor their child's progress in school and access important records.	Adult family members of CCSD students	45-minute session <i>(in-person)</i>
104V	Navigating Infinite Campus Parent Portal Video Series	CCSD Family Engagement Department	This video series is designed to support families as they navigate the Clark County School District's web-based information system. The series includes: <ul style="list-style-type: none"> • Video 1: Logging in and Updating Contact Information • Video 2: Checking Grades and Finding School Contact Information • Video 3: Online Registration for the 22-23 School Year • Video 4: Accessing Your Child's Progress Documents 	Adult family members of CCSD students	Pre-recorded video 
577E	Soft Skills for Success (Elementary)	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation provides parents information and resources on how to build, model, practice, and promote important soft skills that contribute to academic success. Furthermore, developing and refining soft skills will make it easier for children to form connections with peers and adults which will promote both safety and engagement at school.	Adult family members of CCSD students in grades K-5	1-hour session <i>(virtual OR in-person)</i>






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141 	Test for Success! An Overview of Standardized Tests in Schools	CCSD Family Engagement Department	Join us for an overview of the standardized tests that your children will take in the Clark County School District. Parents will learn about common assessments including MAP, SBAC, WIDA, CRT, and the ACT. We will also review how to find your child's test results, along with tips and strategies to prepare for testing day.	Adult family members of CCSD students in grades K-12	45-minute session <i>(in-person)</i>
573E	The Truth About College (Elementary)	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation addresses various misconceptions about college parents may have encountered and provides them with information and resources that will be useful in supporting their child on the path to college.	Adult family members of CCSD students in grades K-5	1-hour session <i>(virtual OR in-person)</i>
119V	Transitions in Education: Thriving in Middle School	CCSD Family Engagement Department	In this workshop, we will explore some of the major changes that students may encounter in middle school and how parents or caregivers can support their children during this challenging time.	Adult family members of CCSD students in grades 5-8	Pre-recorded video 







Involvement, Leadership, and Advocacy






<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
557	Be Brave – Bullying Prevention At Home	Nevada Child Seekers	"Bullying" has become a huge problem in our schools today, especially with the rise of social media and the advancement of technology. Be Brave aims to assist parents and school administration by answering common questions and addressing common concerns from both sides of a bullying situation. Why is bullying a bigger deal now? What laws are in place to protect my child from bullies? How does social media and modern technology effect my child in a bullying situation? Join us as we partner as a community to protect our children from bullying and answer many of these burning questions.	Families with students in grades PK-12	1-hour session <i>(virtual OR in-person)</i>
512	Cultural Competence & Cultural Humility	Solutions of Change	In this workshop you will learn the definitions of cultural humility and cultural competency, the important of both topics, participate in role playing exercises, and learn ways you can practice both topics at home and within your environment.	Adult family members of CCSD students	1-hour session <i>(virtual OR in-person)</i>
NEW 503	Foster Care Information Session	Clark County DFS Foster Care	Open your heart and your home to our children! Clark County needs foster parents now, more than ever. Attend a FREE information session to learn more about Foster Care and the process to be involved.	Adult family members of CCSD students	45-minute session <i>(in-person)</i>
556	Human Trafficking Awareness	Nevada Child Seekers	24 Hour city, hot nightlife, International Airports, high population, a sea of hotels and motels. Las Vegas is the perfect place for human traffickers to hide under the radar. Learn the truth about Human Trafficking and debunk the myths as Nevada Child Seekers shares the reality of modern day slavery using real case examples and true stories.	Adult family members of CCSD students	1-hour session <i>(virtual OR in-person)</i>
553	NetSmartz Internet Safety	Nevada Child Seekers	"If your children have access to the internet, the internet has access to your children." Nevada Child Seekers aims to keep parents and guardians informed of the trends used by online predators to groom children. Through up to date trends and discoveries from real Nevada Child Seekers missing child cases, we walk through how our youth are exposed to online dangers and the importance of internet safety and parental guidance at home.	Families with students in grades PK-12	1-hour session <i>(virtual OR in-person)</i> Pre-recorded video 
128V	Digital Citizenship: Safe and Responsible Technology Use	CCSD Family Engagement Department	This video provides information on how to keep children safe while using the internet. Learn how to be a positive Digital Leader, set boundaries and rules, and how to avoid common internet scams. Families will also review CCSD's internet usage rules and regulations.	Adult family members of CCSD students	Pre-recorded video 
 421	Screen Time Smarts	UNR Extension Partners in Parenting	This workshop highlights parenting in the digital age, healthy habits and media use guidelines, digital citizenship, online safety, and cyberbullying. It also includes a story time and iPad activity.	Families with children in grades PK-5	1.5-hour session <i>(in-person)</i>



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552	Shout Out Loud- Abduction Prevention & Recognizing Child Sexual Abuse	Nevada Child Seekers	Recognizing child sexual abuse is imperative to ensure we keep our children safe. Learn to recognize a predator and avoid situations that may leave your child vulnerable. Nevada Child Seekers provides techniques and strategies so you can teach your child about "Tricky People" and provide techniques for recognizing and avoiding danger at home. Each Attendee will receive a FREE take-home kit to assist in training their child to be "predator proof" as well as a free child fingerprinting kit and coloring book to review with their child. *Some information may not be suitable for children as sexual abuse will be discussed.*	Adult family members of CCSD students in grades PK-5	1-hour session <i>(virtual OR in-person)</i>
572	Six Advocacy Skills that Turn No's into Yes's <i>(This training is geared toward families with children with any disabilities.)</i>	Nevada PEP	Parents, your voice matters! Are you tired of being told "No" when trying to get help for your child? You are the expert on your child, and you understand your child's needs and strengths best. We will discuss the parents' role in communication, advocacy, and effective partnership with the professionals that support their children. Learn how to get the needed supports and services with these six amazing advocacy strategies!	Adult family members of CCSD students	45-minute session <i>(virtual OR in-person)</i>
502	Take Steps to Stop Bullying <i>(This training is geared toward families with children with any disabilities.)</i>	Nevada PEP	If you are concerned about bullying, this workshop is for you! Join us as we discuss what bullying is, what to do if your child is being bullied, and what to expect after a report of bullying is made. This webinar will help participants understand Nevada laws about bullying and your child's right to a safe learning environment.	Adult family members of CCSD students	1-hour session <i>(virtual OR in-person)</i>
535  	Tools for Successful Learning <i>*Only offered in Spanish.</i>	Parent Leadership Team	This course will create awareness among parents about their positive impact on their children's education, as well as model how to establish agreements and limits that will lead them to personal and academic success. It will introduce the tools they need as a family and share new strategies and roles to successfully collaborate with teachers.	Adult family members of CCSD students in grades PK-8	4 weekly 1.5-hour sessions <i>(virtual OR in-person)</i>
101	Volunteer and Learn <i>Available ONLY at the Family Engagement Centers (FECs)</i>	CCSD Family Engagement Department	Join us at our Family Engagement Centers for an opportunity to volunteer while simultaneously learning effective strategies to support your students academically at home.	Adult family members of CCSD students	1-hour sessions <i>(in-person)</i>
537  	Young Kids and Screens <i>Available to be scheduled beginning in January 2024.</i>	The Children's Cabinet	"Young Kids and Screens" will help parents and caregivers of children 0-8 years old to: navigate the world of media and technology, understand the importance of choosing high-quality media content, and establish a healthy balance of activities for young children, with and without media and tech.	Adult family members of CCSD students ages 0-8	5 weekly 1-hour sessions OR an individual session <i>(in-person)</i>



Promoting Wellness and Development



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401 	ABCs of Parenting	Clark County Department of Family Services Parenting Project	School-age children are learning new skills, trying new activities, and becoming more independent. In this interactive program, parents focus on nurturing parenting skills and positive behavior strategies that promote the healthy development of children ages 5-10.	Adult family members of CCSD students in grades PK-5	6 weekly 2-hour sessions <i>(in-person)</i> <i>**must attend all sessions</i>
325	Active & Healthy Families	CCSD Safe Routes to Schools	This Safe Routes presentation focuses on the importance of staying active and having good nutritional habits for you and your family. In this course we will go over the many benefits of walking, bicycling, and other physical activities you can do and of course, pairing it with great nutrition and a well-balanced diet. We encourage families and their children to attend and learn the importance of exercising and meal planning together.	Families with students in grades PK-12	45-minute session <i>(in-person)</i>
408 	A Guide to Social Emotional Learning	UNR Extension Partners in Parenting	This workshop is designed to introduce parents/caregivers to the keys of social emotional learning (SEL). SEL is beneficial for children of all ages and can help children develop and maintain positive relationships, become lifelong learners, and contribute to a caring society. A SEL activity for parents and children will also be included.	Families with students in Grades PK-12	1-hour session <i>(virtual OR in-person)</i>
305 	Art is Healing!	Ekuwah Mends Moses, Author	Are you or your children having difficulties adjusting to life events, such as health changes, divorce, moving, or the death of a loved one? Educator and author-illustrator Ekuwah Mends Moses will engage families in the creative arts and share helpful community resources for dealing with grief or loss. She will also sign and give away several free copies of her nonfiction picture books!	Families with students in grades PK-12	1-hour session <i>(in-person)</i> <i>Available after 4:30 pm or on weekends.</i>
546 	Budgeting and Spending Plans	Silver State Schools Credit Union	Smart, real-life budgeting is the foundation of good money management. Whether you've been budgeting for years or you're taking your first steps toward managing your spending habits, this workshop can help.	Adult family members of CCSD students	45-minute session <i>(virtual OR in-person)</i>
548 	Building Your Credit Score	Silver State Schools Credit Union	Want to get a better interest rate on your next loan? Or get a leg up on that job interview? Raise your credit score. This workshop can help you understand your credit history and how credit scores work so you can improve your overall credit rating.	Adult family members of CCSD students	1-hour session <i>(virtual OR in-person)</i>

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422 	Coping with Stress (A Triple P Informed Seminar)	Clark County Department of Family Services Parenting Project	This workshop explores a range of strategies to cope with the everyday stress of parenting children. Discuss common causes of stress, how stress affects parenting and healthy ways to reduce and manage stress.	Adult family members of CCSD students	2-hour session <i>(virtual OR in-person)</i>
419 	Dealing with Disobedience in Children (A Triple P Positive Parenting Program Workshop)	Clark County Department of Family Services Parenting Project	In this workshop parents explore some common reasons why children may have difficulty following instructions and will discuss tips for teaching children limits and positively managing behavior.	Adult family members of CCSD students ages zero-eleven	2-hour session <i>(virtual OR in-person)</i>
406 	Eating Smart, Being Active	University of Nevada, Reno Extension Services	Join the Expanded Food and Nutrition Education Program (EFNEP)/Eating Smart and Being Active classes and learn how to save money and eat healthy! Our eight-lesson class series will teach you to: <ul style="list-style-type: none"> • Save money and plan tasty, healthy meals for your family. • Prepare new recipes and eat more meals at home. • New ways to enjoy fruits and vegetables. • Control portion sizes. • Prepare and store food safely and prevent waste. • Prepare nutritious and delicious recipes. • Be more physically active with your children. 	Adult family members of CCSD students	9 weekly 1-hour sessions <i>(virtual OR in-person)</i>
201	English for Adults <i>Available ONLY at the Family Engagement Centers (FECs)</i>	CCSD Family Engagement Department	This ongoing course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking and listening. Participants learn strategies in order to advance their reading, listening and pronunciation skills. This workshop changes each session and varies weekly at each Family Engagement Center. Free Rosetta Stone licenses are available to participants for additional personalized online learning!	Adult family members of CCSD students	45 min -1 hour session
403 	Exploring Safety: A Program for Families with Young Children	UNR Extension Partners in Parenting	This program, designed for parents, aims to increase awareness and knowledge of important child-safety issues. Classes include a mini-lesson and parent-child activity.	Families with children ages zero-five	4 weekly 1-hour sessions <i>(virtual OR in-person)</i>
426  	Fear-Less Triple P (A Workshop for Parents Who Have a Child That Experiences Anxiety)	Clark County Department of Family Services Parenting Project	Does your child experience anxiety? Fear-Less Triple P introduces parents to information about anxiety and provides positive parenting strategies that support the development and behavior of children with anxiety.	Adult family members of CCSD students in grades K-8	2-hour intro session OR 6 weekly 2-hour sessions <i>(virtual OR in-person)</i>

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337	Feeding Clark County School District	CCSD Food Service	Do you ever wonder what goes into choosing what ends up on the school menu? Come have a conversation and find out the history of school nutrition, the USDA Guidelines that we follow and how our operation works in the Clark County School District.	Adult family members of CCSD students	45-minute session <i>(virtual OR in-person)</i>
 547	How to Effectively Manage and Pay Off Debt	Silver State Schools Credit Union	Learning how to manage debt is critical to long-term financial stability. This workshop can help you pay off your debt faster — and recognize when that isn't the best thing to do.	Adult family members of CCSD students	45-minute session <i>(virtual OR in-person)</i>
540	Importance of Oral Health	Liberty Dental Plan	Join us for a fun and educational, low-tech but highly engaging presentation on the importance of oral health and oral hygiene, proper brushing techniques, and healthy eating habits. Participants will learn the importance of brushing and flossing, what gum disease is, and how to prevent cavities.	Families with children ages zero-five or grades PK-12	30-minute session <i>(virtual OR in-person)</i>
504	Let's Set the Boundary	Solutions of Change	Learning how to set healthy boundaries is an important part of children's development. In this workshop, families and their children will be shown how to set respectful boundaries with themselves, their peers, and adults. There will be opportunity to practice these skills within the course.	Families with children in grades PK-12	45-minute session <i>(virtual OR in-person)</i>
 420	Managing Fighting and Aggression (A Triple P Positive Parenting Program Workshop)	Clark County Department of Family Services Parenting Project	In this workshop parents explore reasons why children may be aggressive or engage in fighting and discuss ways to positively manage behavior and teach children skills to help them cooperate and get along with others.	Adult family members of CCSD students ages zero-eleven	2-hour session <i>(virtual OR in-person)</i>
 534	Mindset: Growth vs Fixed	Solutions of Change	This workshop teaches the concept of mindset, taking a deep dive into the two contrasting mindsets anyone may have. We explore the benefits and risks of having a specific mindset and introduce small efforts that can shift one's own mindset in ways that support positive well-being and mental health.	Adult family members of CCSD students	1 session <i>(virtual OR in-person)</i>
575	Money Management	SCE Federal Credit Union	This workshop provides realistic strategies and tips for managing one's personal finance. We discuss why money management must be a priority, how to accomplish financial goals, a great way to budget, and the importance of saving.	Adult family members of CCSD students	45-minute session <i>(virtual OR in-person)</i>
  402	Nurturing Parents and Families	Clark County Department of Family Services Parenting Project	Parents of infants, toddlers and preschoolers focus on nurturing parenting skills and positive behavior strategies that promote the healthy development of young children in this 6-session program.	Adult family members of CCSD students ages zero-five	6 weekly 2-hour sessions <i>(virtual OR in-person)</i> **must attend all sessions

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522	Parental Self Care	Solutions of Change	This class stresses the importance of self-care for parents and provides examples for daily self-care practices and routines. By making themselves a priority, parents will spread the awareness of wellness in the home and model healthy practices for their children.	Adult family members of CCSD students	1-hour session <i>(virtual OR in-person)</i>
433 	Parenting for <u>School</u> Success	Boys Town Nevada	Parenting can be tough! If you have a child, chances are you've had your fair share of challenging days. Parents are invited to join in our fun and interactive classes to talk about routines, homework and overcoming obstacles when speaking with school personnel.	Adult family members of CCSD students	6 weekly 2-hour sessions OR an individual session <i>(virtual OR in-person)</i>
404 	Parenting for Success	Boys Town Nevada	If you have a child, chances are you've had your fair share of challenging days. Parents are invited to join in our fun and interactive classes. These classes can help you with: <ul style="list-style-type: none"> • Balancing discipline with affection • Praising your child's good behavior • Reducing a child's problem behavior • Effective communication 	Adult family members of CCSD students	6 weekly 2-hour sessions OR an individual session <i>(virtual OR in-person)</i>
505	Physical Intelligence & Sports Awareness	Solutions of Change	Physical intelligence is an important part of leading a healthy life, managing stress, and learning more happily. This course will teach participants about the benefits of physical activity, as well as different coping methods to help relieve stress and anxiety. They will also learn about sports and other occupations within the sports world.	Families with children in grades 3-12	1-hour session <i>(virtual OR in-person)</i>
205	Project LISTOS! <i>*Scheduled at pre-determined locations only. Please inquire for location details to share with your community.</i>	Economic Opportunity Board of Clark County	Building competent and self-sufficient communities throughout academic programs, such as Spanish literacy to facilitate higher proficiency in English acquisition (bilingual curriculum) and other life skills workshops.	Adult family members of CCSD students	3.5-hour sessions
424	Raising Confident, Competent Children (A Triple P Positive Parenting Program Seminar)	Clark County Department of Family Services Parenting Project	In this fast-paced seminar, parents explore how respect, communication, problem solving, and other interpersonal skills contribute to children's independence and healthy self-esteem. This is the second of three seminars in the series for parents of children 0-11. (Available individually or as a series.)	Adult family members of CCSD students ages zero-eleven	1.5-hour session <i>(virtual OR in-person)</i>
425	Raising Resilient Children (A Triple P Positive Parenting Program Seminar)	Clark County Department of Family Services Parenting Project	Parents influence how children cope with emotions and stress. In this seminar, parents explore ways to help children develop emotional resilience and coping skills, recognize and appropriately express feelings, have a positive outlook and handle negative feelings. This is the third of three seminars in the series for parents of children 0-11. (Available individually or as a series.)	Adult family members of CCSD students ages zero-eleven	1.5-hour session <i>(virtual OR in-person)</i>

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139V	Social Emotional Learning	CCSD Family Engagement Department	The Social-Emotional video series shares interactive strategies and resources to help families support their children with social-emotional learning. Watch and learn how to apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, and take responsibility for oneself to maintain healthy relationships and practice self-care. <ul style="list-style-type: none"> • Video 1: Coping Strategies for Feelings and Emotions • Video 2: Self-Esteem – The Invisible Mask • Video 3: Talk it Out! • Video 4: Breathe it Out! 	Adult family members of CCSD students	Pre-recorded video 
506	Social Emotional Learning for Youth Development	Solutions of Change	This course explores the practical use of SEL interventions to acquire and apply knowledge, skills, and abilities to develop healthy identities, manage emotions, achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.	Adult family members of CCSD students	1-hour session <i>(in-person)</i>
416 	Stepping Stones Triple P (Positive Parenting Program) <i>(This training is geared toward families with children with any disabilities.)</i>	Clark County Department of Family Services Parenting Project	The Stepping Stones Triple P (Positive Parenting Program) empowers parents and caregivers who are raising a child who has a disability and equips them with skills and tools to promote positive behaviors making a difference in daily family life. This is an 8-session program.	Adult family members of CCSD students with a disability ages zero-eleven	8 weekly 2-hour sessions <i>(virtual OR in-person)</i> **must attend all sessions
324	Street Smarts: Encouraging Safe Walking and Bicycling to and from School	CCSD Safe Routes to Schools	This course focuses on simple safety reminders for you and your family when walking or riding your bike. We will discuss planning a riding route, always wearing your helmet, obeying street and traffic lights, and so much more. You will remember these great tips every time you go for a walk, ride a bicycle, scooter or skateboard.	Families with students in grades PK-5	45-minute session <i>(virtual OR in-person)</i>
533	The Dark Side of Social Media <i>Availability is limited to audiences of 25 or more. Please inquire for more information.</i>	Las Vegas Metropolitan Police Department	This course includes tips, examples, and a detailed discussion to increase the awareness of parents to the potential dangers of social media and online interactions. It is also designed to help parents implement precautions to make their children less vulnerable online.	Adult family members of CCSD students in grades 3-12 (adults only)	45-minute session <i>(in-person)</i>
551	The Impact of the Games We Play	Nevada Council on Problem Gambling	Las Vegas is the gaming entertainment capital of the world, with one of the highest prevalence rates of problem gambling in the nation. Not surprisingly, video gaming addiction is on the rise for both youth and adults. This seminar will discuss the difference between healthy recreation and problematic gambling/gaming, make parents aware of the signs of gambling/gaming addiction, and shed light on the impact of these problems have on adults, children, and the family.	Families with students in grades PK-12	1.5-hour session <i>(virtual OR in-person)</i>

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423	The Power of Positive Parenting (A Triple P Positive Parenting Program Seminar)	Clark County Department of Family Services Parenting Project	Parents find out how implementing five positive parenting principles can positively influence children's behavior. This is the first of three seminars in a series for parents of children 0-11. (Available individually or as a series.)	Adult family members of CCSD students ages zero-eleven	1.5-hour session <i>(virtual OR in-person)</i>
413 	Triple P - Positive Parenting Program	Clark County Department of Family Services Parenting Project	Explore ways to build a more positive relationship with your child and deal consistently and decisively with problem behaviors to create a happier and calmer family life. For parents of children ages 2-11, this 8-session program offers simple routines and small changes that can make a big difference in families.	Adult family members of CCSD students in grades PK-5	8 weekly 2-hour sessions <i>(virtual OR in-person)</i> **must attend all sessions
510 	UNIFY: Undocumented & Immigrant Families in CCSD	CCSD UNIFY	Join our CCSD UNIFY Director, Astrid Silva in a course on immigration and CCSD. How it affects your families, what opportunities are available for your student and how to access resources for your child.	Adult family members of CCSD students	2-hour session <i>(virtual OR in-person)</i>
507	Unleashing Your Child's Potential Through the Power of Their Eyes <i>Free eye screenings may be scheduled by a school administrator if desired.</i>	Dr. Kopolow and Girisgen, OD – Pearle Vision	This course will help parents understand the impact their child's vision has in all aspects of their lives such as school, sports, arts, self-confidence, and social interactions. We will also provide valuable information on the importance of annual eye exams and signs that your child might have vision difficulties or dysfunctions.	Families with children ages zero-five or in Grades PK-12	45-minute session <i>(virtual OR in-person)</i>